


**PRACTITIONER'S PROFILE**

Name	<b>Dr. Tenzin Lhundup</b> 
CCTM Registration No.	CCTM/QMP/3314/2008
Postal Address	Tibetan Medical & Astro. Institute (Men-Tsee-Khang) Ganchen Kyisong, Dharamsala - 176215 Distt Kangra, (H.P.) India
E-Mail	dr.tlhundup@gmail.com
Phone Number	0091-9882313025
Brief Bio-Data	<ul style="list-style-type: none"><li>• Born in a refugee settlement, Mundgod, Karnataka in South India, 1983 and completed All Senior Secondary School in the year 2001 from CST Mundgod. Graduated from Tibetan Medical and Astro College, (Men-Tsee-Khang) Dharamsala in 2008. Since the appointment as Research Associate in Research &amp; Development Dept in 2009, presented the report of a cross sectional Hypertension survey amongst the exile Tibetan people during internal conference on Tibetan Medicine in 2012.</li><li>• Published the study report of Clinical trial on Effectiveness of Tibetan Medicine in the treatment of Essential Hypertension in STM publication-research and review-journal of medicine in 2013.</li><li>• Published Retrospective Cancer Case Series study with Dr. Susan Bauer "Tibetan Medicine for Cancer: an overview and review of case studies" in Integrative Cancer Therapies, Vol 13, issue 6, 2014.</li><li>• Represented Men-Tsee-Khang in international Symposium on Alternative and Contemplative Medicine, 2014, organized by Palas Athena and Federal University of Sao Paulo, Brazil. Another on Rejuvenation and Aging, organized by Vienna University in 2017. Participated in International webinar "Traditional Medicine in India and South Africa" organized by Department of African Studies, University of Delhi and School of Education, University of Witwatersrand, South Africa dated 22 Feb 2021.</li><li>• Short Resident Teacher for Tibetan Medicine diploma course given by International Institute of Higher Tibetan study (IIHTS) Austria in 2011 and 2018.</li><li>• Co-investigator for Tibetan Medicine effectiveness for Diabetes, Gastritis, and H. pylori infection studies, as well as was a</li></ul>

	<p>coordinator for a pilot study on mental health in TB population and Hypertension study of Research and Development Dept.</p> <ul style="list-style-type: none"><li>• In 2019, awarded the Menrampa Degree, equivalent to Doctor of medicine (MD). Field of interest includes education and research on metabolic diseases, cardiovascular system, mental health and pharmacovigilence.</li><li>• Currently, a visiting lecturer in Tibetan Medical and Astro-Science College and heads the OTC dept. of Men-Tsee-Khang, advocates educating the theories of Sowa-Rigpa to interested groups and academicians.</li></ul>
--	--