

PRACTITIONER'S PROFILE

Name	Dr. Tsering Gyatso 
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Brief Bio-Data	<p>My name is Tsering Gyastso. I was born in Nerok Zanskar. On 15th May 1989 in a humble farmers family. We have six siblings in our family. I am the youngest among our brother and Sisters. All my brothers and Sisters got married and went also out with their own life when I was still a child of a tender age. I attended School only up to the middle level and therefore didn't have the opportunity to attend higher School as I have to help my aging parents in their daily life in the village. Beside there wasn't any high school in our own village and have to work to a bigger town in Zanskar or to another City tour of Zanskar valley. Money was another factor which proved to be big constraints to continue with my schooling and education for my life. My parent's meager income couldn't support my education in today's time of money driven economic system. But fortunately I had the good opportunity to pursue a training course on Sowa Rigpa Amchi (Tibetan Medical System) in Zanskar Amchi and Astronomy School. For a period of five years, from March 1999 to Feb 2004 and attained the grade "Dusrawa". This institute is a newly opened school in Zanskar which follows the same syllabus of that of Tibetan Medical and Astrology institute in Dharamsala. I also had the great luck to associate myself with Amchi Tseten Spabbar, a renowned Amchi in the same institute and Zanskar valley for practical training. Currently I am attending the two months training course at the same school every year which started in the year 2004-05 for gaining experiences in identification of herbs and raw materials composition and preparation of medicines and pills diagnosis and treatment of patients. I also have been attending the seminars and workshops organized by ZAAWA, LSTM Leh and SS Club Leh ever since I finished my course.</p>