

Tibetan Medicine in Switzerland

2019

- 50 Years PADMA Formulas
- Official Recognition of Tibetan Medicine in Switzerland as part of Asian Medicine

Dr. Herbert Schwabl

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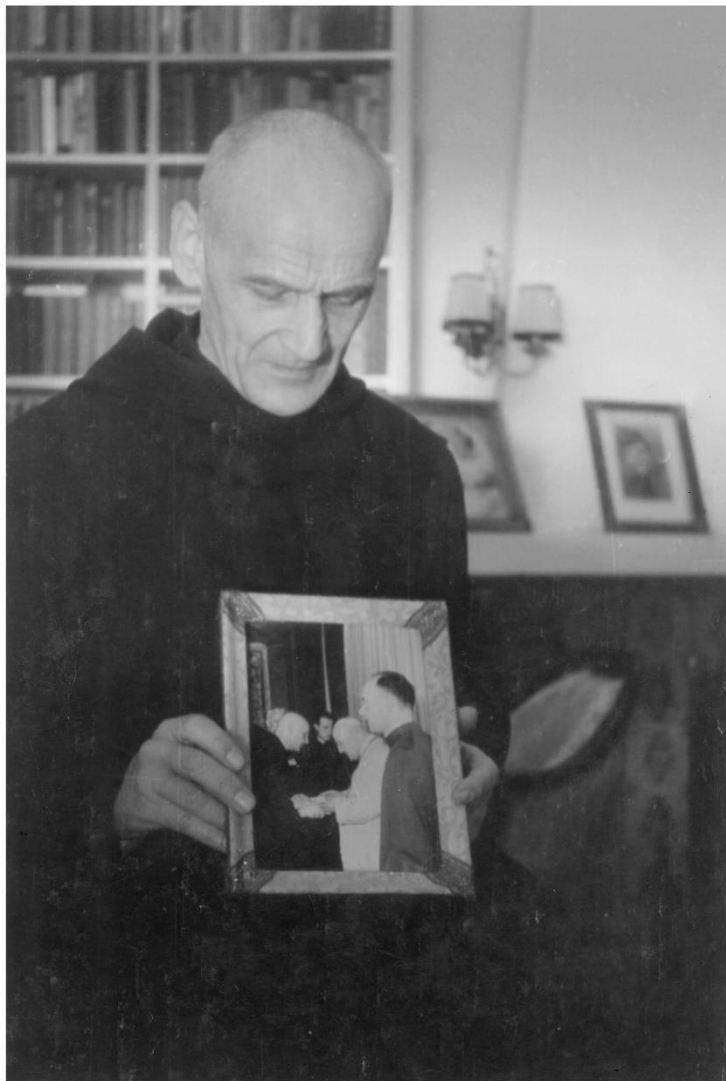
www.padma.ch #padmaworld



50 years of Tibetan medicines in Switzerland

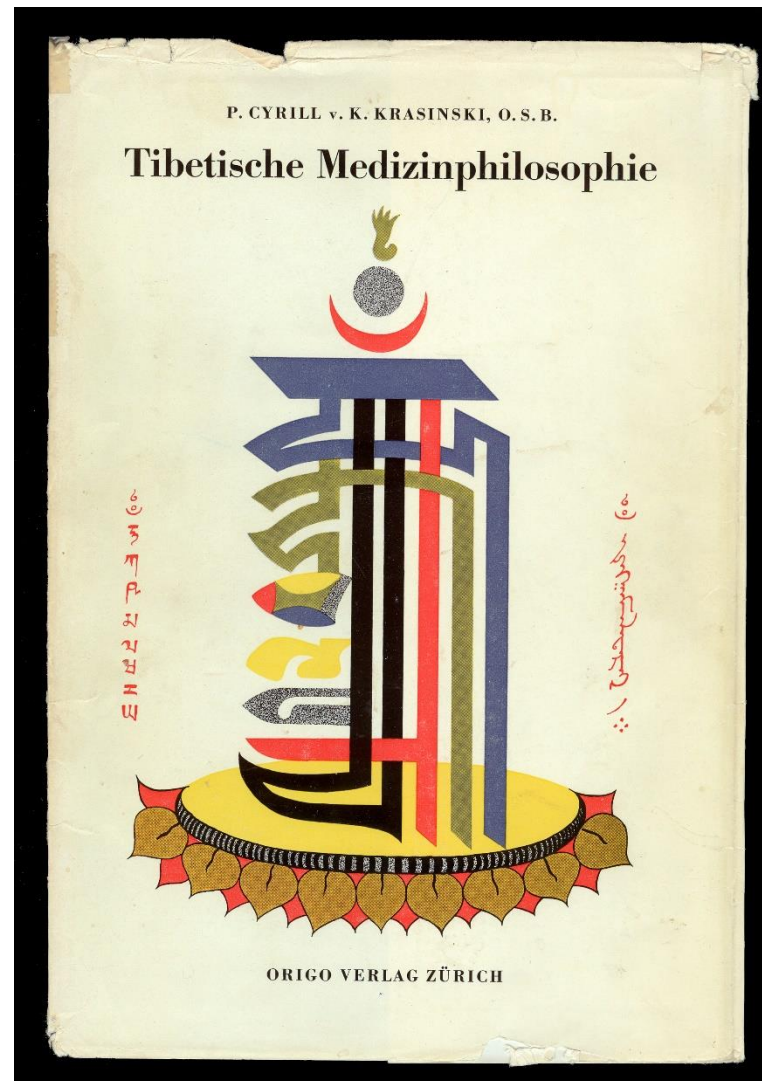
How did it all start?





**Korvin
Krasinski**
(christian monk)

«The Tibetan
medicine
philosophy»
Zurich 1953



LEKARZ TYBETAŃSKI

w II półroczu 1933 r. zawiera:

TYTUŁ

Artykuły o treści ogólnej i społecznej

Nr.

W patrze z Przyrodą
Przypomnienia
„Znawcy” medycyny tybetańskiej
Charakter
Kryzys gospodarczy — kryzysem równowagi psychicznej
Rzeczywisty człowiek i jego dzieła, a zagadnienia zdrowotne
Co zawdzięczamy medycynie tybetańskiej
Nowe prądy w medycynie a katolicyzm
Zmierzch czy przełom w medycynie europejskiej
Medycyna tybetańska a kryzys w medycynie europejskiej
Wzrost i rzeczywistość — F. Brodowski
Wielkość życia
Wielki organizm społeczny
Wielkość jest szczęściem i radością
Wielkość organizmu człowieka z prawami wszechświata

Zagadnienia medycyny

Wielkość
Wielkość



Wladimir Badmajew
around 1930



Wladimir
Badmajew
and his son
Peter

from
Poland





Karl Lutz

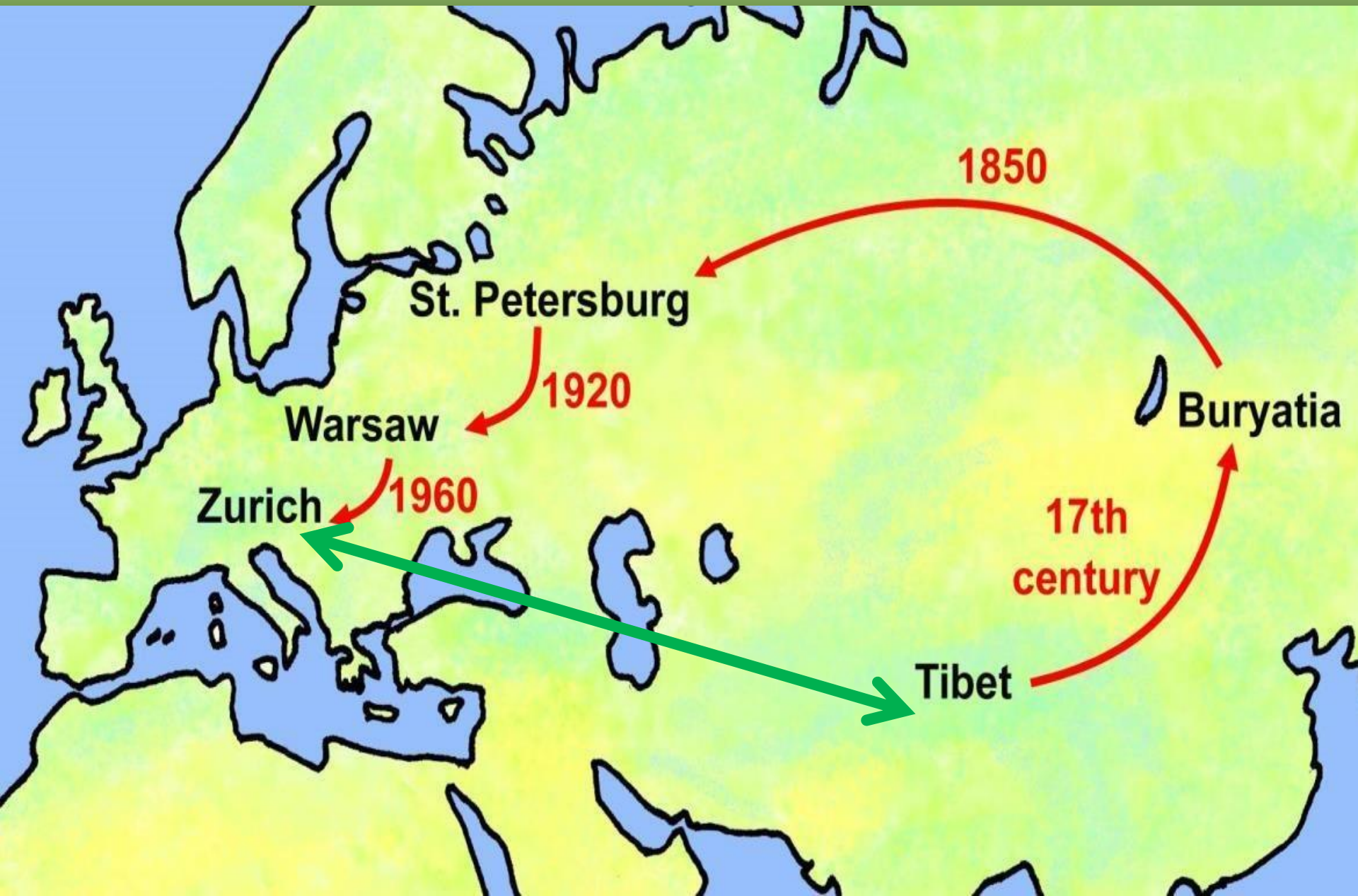
with
Dr Yeshi
Donden
around 1980



Tibet – Siberia – Russia – Poland - Switzerland



Today



1969

**PADMA AG
(PADMA Ltd.)**





Production
started...

...rather simple



First
product
1972

Shi Zhe
formula




PADMA LAX 20 comprimés / 20 Tabletten
Médicament tibétain / Tibetisches Arzneimittel

 **PADMA
LAX**

Abführmittel
Laxatif

20 Tabletten / 20 comprimés
Tibetisches Arzneimittel / Médicament tibétain

20 Tabletten / 20 Comprimés

 **PADMA[®]
LAX**

Abführmittel
Laxatif

Tibetisches Arzneimittel
Médicament tibétain

1978
PADMA 28
(Gabur)



Our motivation at PADMA :
building bridges

- **Tradition – Modernity**

Ancient wisdom – modern Science

- **East – West**

Classical description – modern indication



 PADMA
Kapselanlage

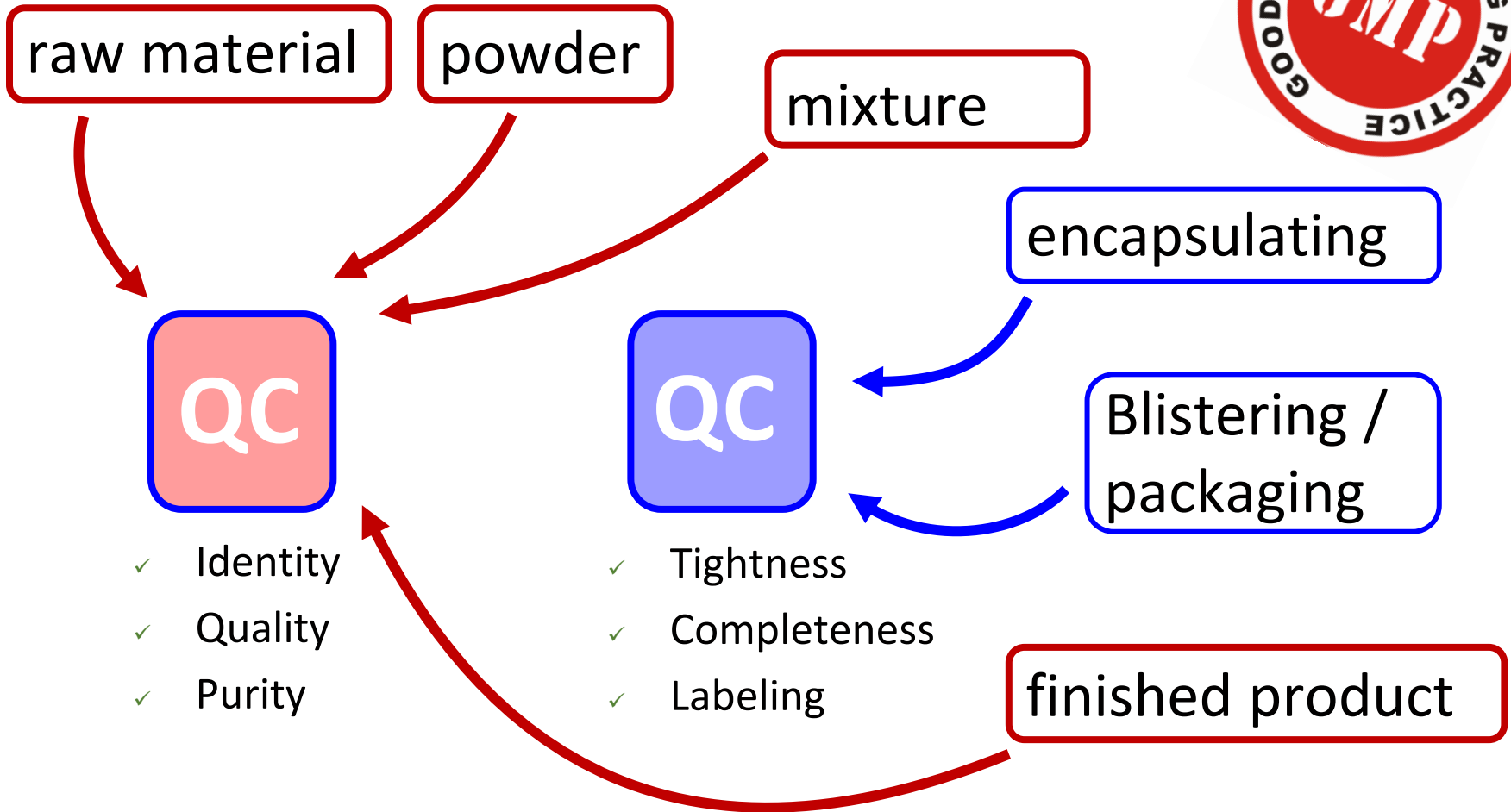
Anlage belegt mit:
Präp.: 047
Charge: 047052

PADMA production in Switzerland



PADMA laboratory in Switzerland

System of Quality Control



2005

H.H. The Dalai Lama visiting the PADMA company in Switzerland.



Research



2017

H.H. The Karmapa visiting the PADMA company in Switzerland.



H.H. The Karmapa with Peter Badmajew in 2017.



Uomo - Medicina - Società
Man - Medicine - Society

འཇུག་མཁའ་ལྷོ་ལྷོ་ལྷོ་ལྷོ་

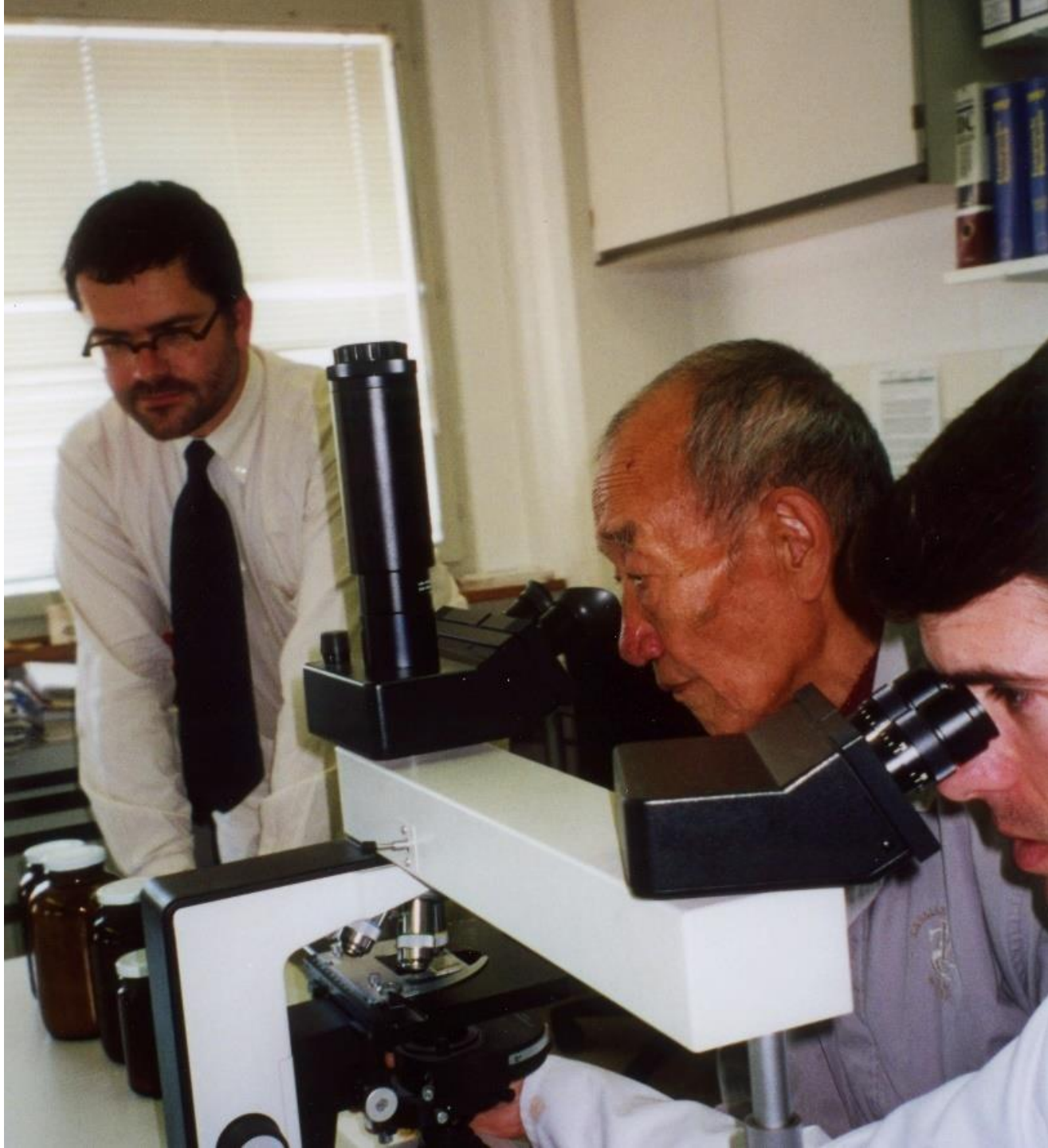
1° Convegno Internazionale
di Medicina Tibetana
1st International Convention
on Tibetan Medicine

Venezia·Arcidosso
Aprile Maggio 1983

མ་ཡེངས་ཤིག

Centro Medico di Psicologia
Applicata di Venezia
COMUNITÀ DZOG CHEN

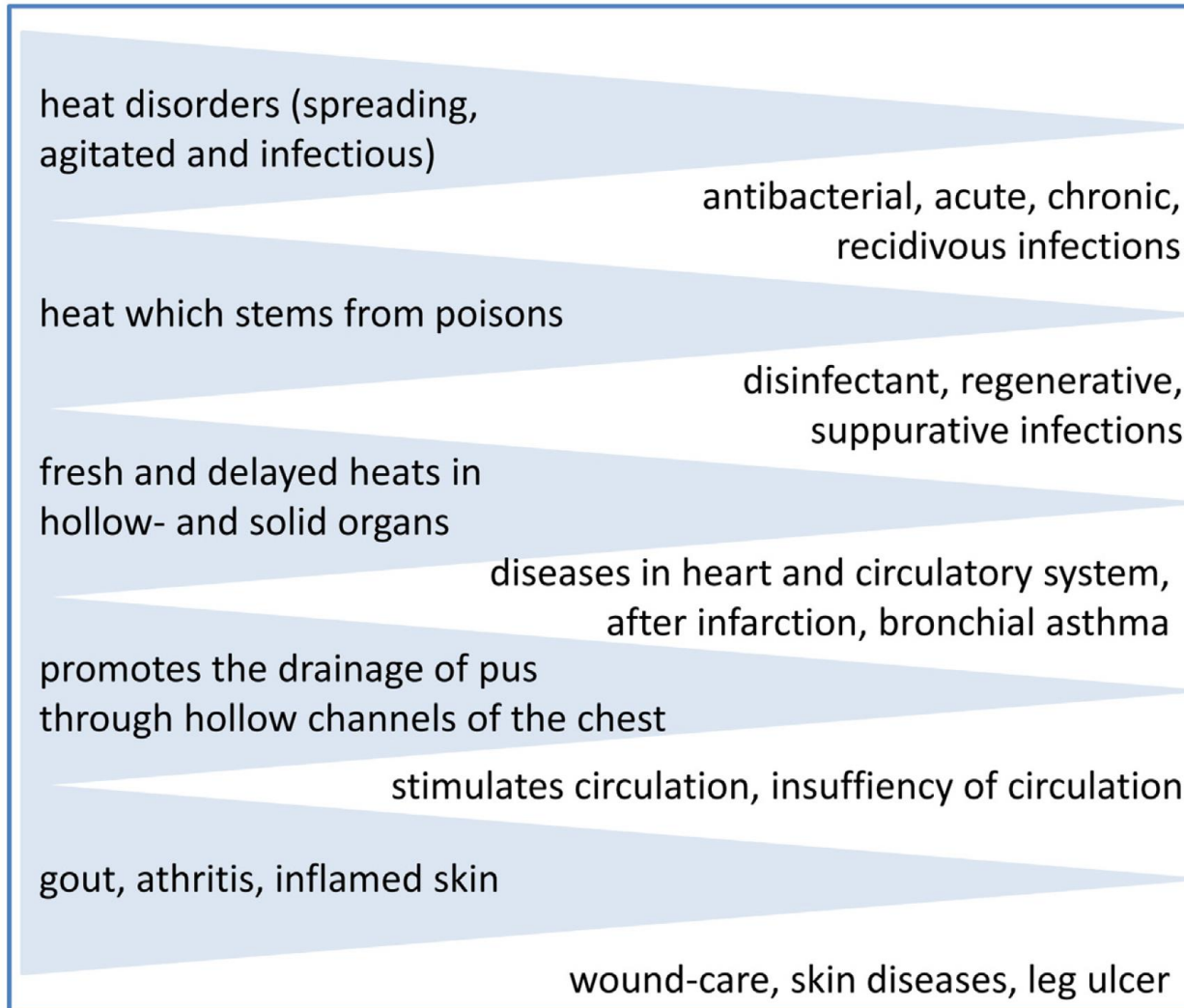




A man with dark hair and glasses, wearing a white button-down shirt, is seated at a desk in a library or study. He is looking down at an open book he is holding with both hands. The background shows bookshelves filled with books, a small portrait on a shelf, and a blurred foreground object on the left. A semi-transparent blue banner is overlaid across the middle of the image, containing the text "The Tibetan science of herbs" in white, bold, sans-serif font.

The Tibetan science of herbs

Gabur: the traditional formula

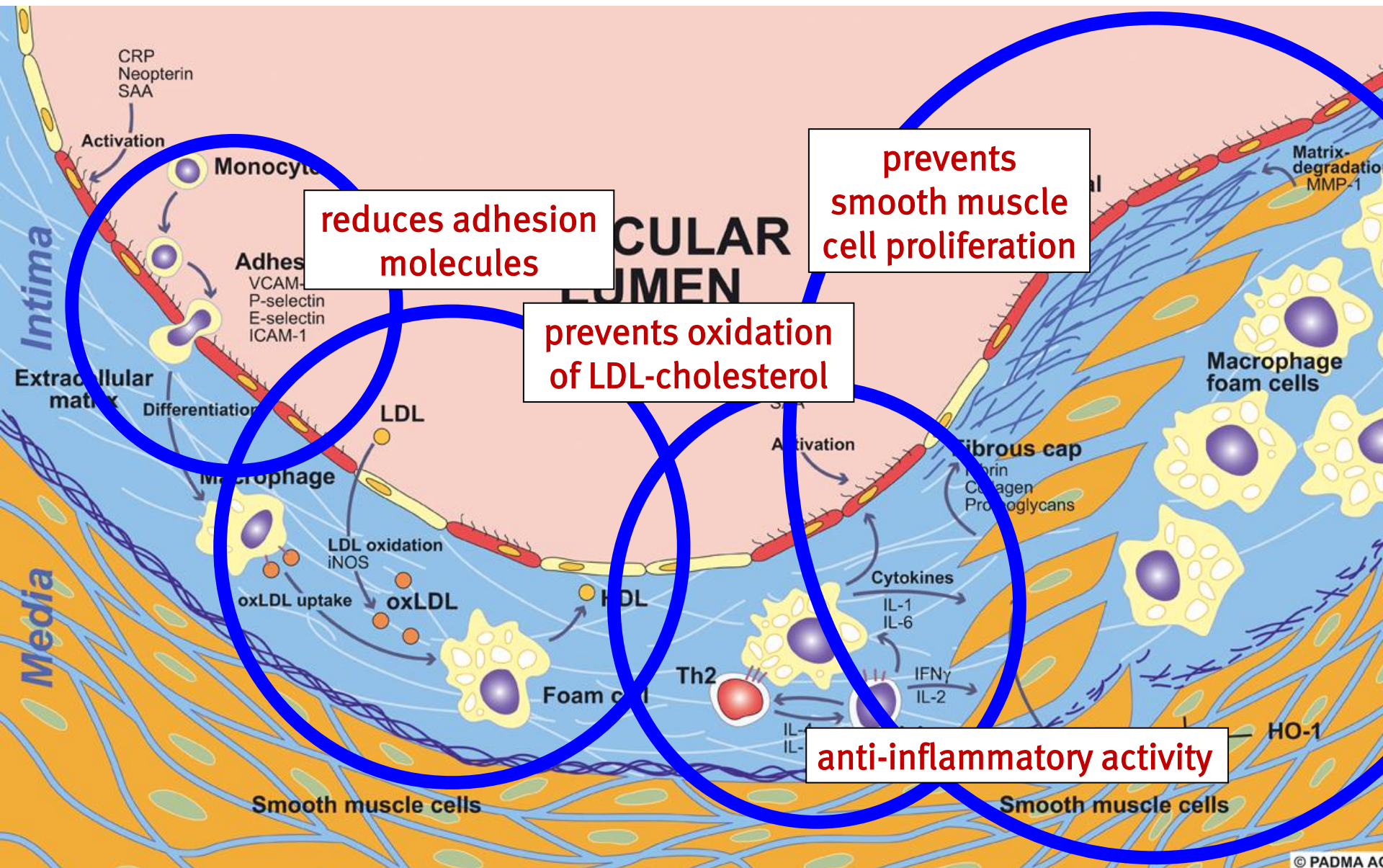


traditional vs modern



- **Silent inflammation (anti-inflammatory)**
- **Strengthens circulation**
- **Supports immune functions via promotion of microcirculation**

Action profile of PADMA 28

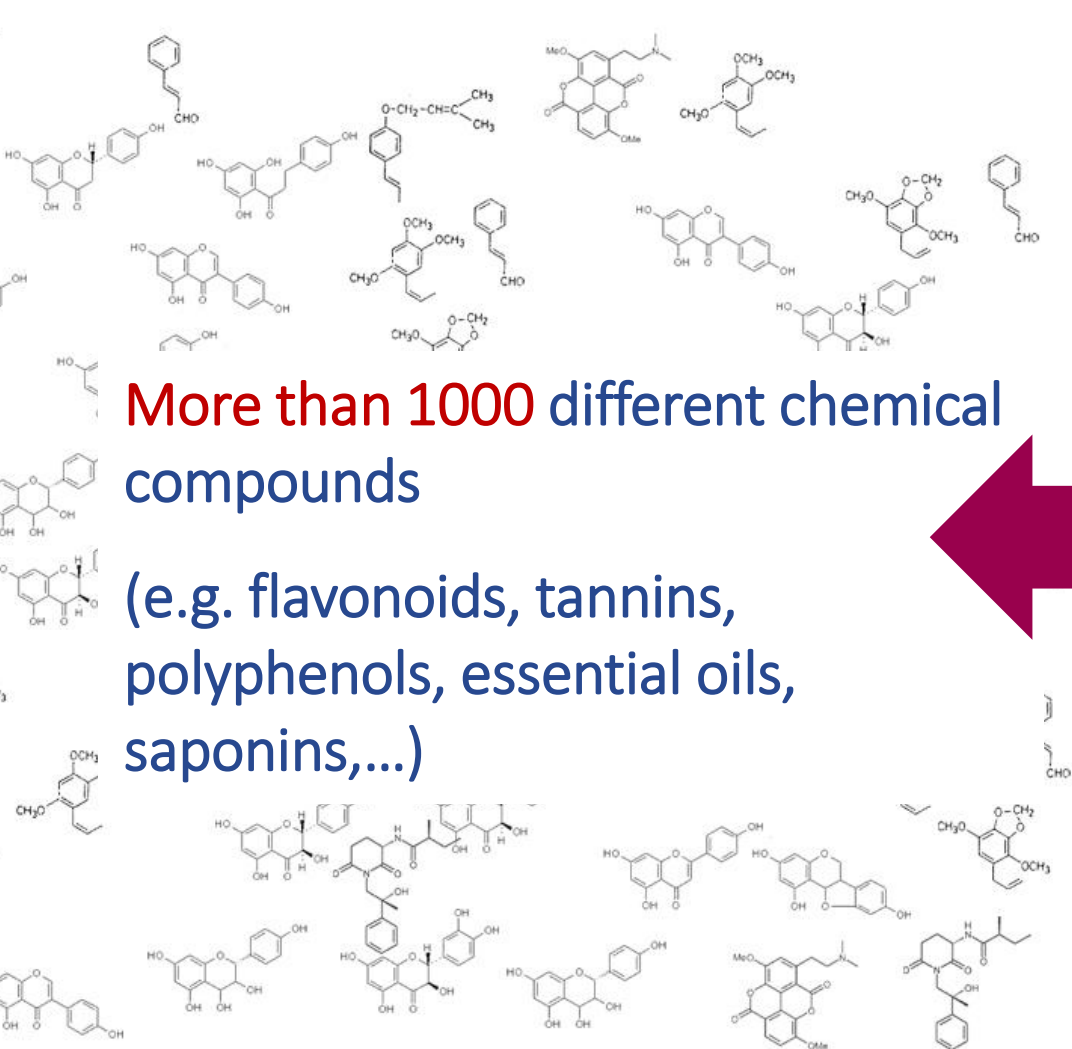


Tibetan formulas are **multi-component** mixtures

- 3 up to 50 and more different ingredients
- mainly plants and minerals



Multi component mixtures



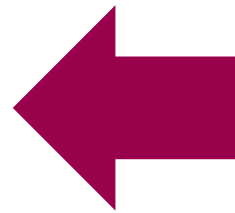


**«cooling formula»
anti-inflammatory
action profile**

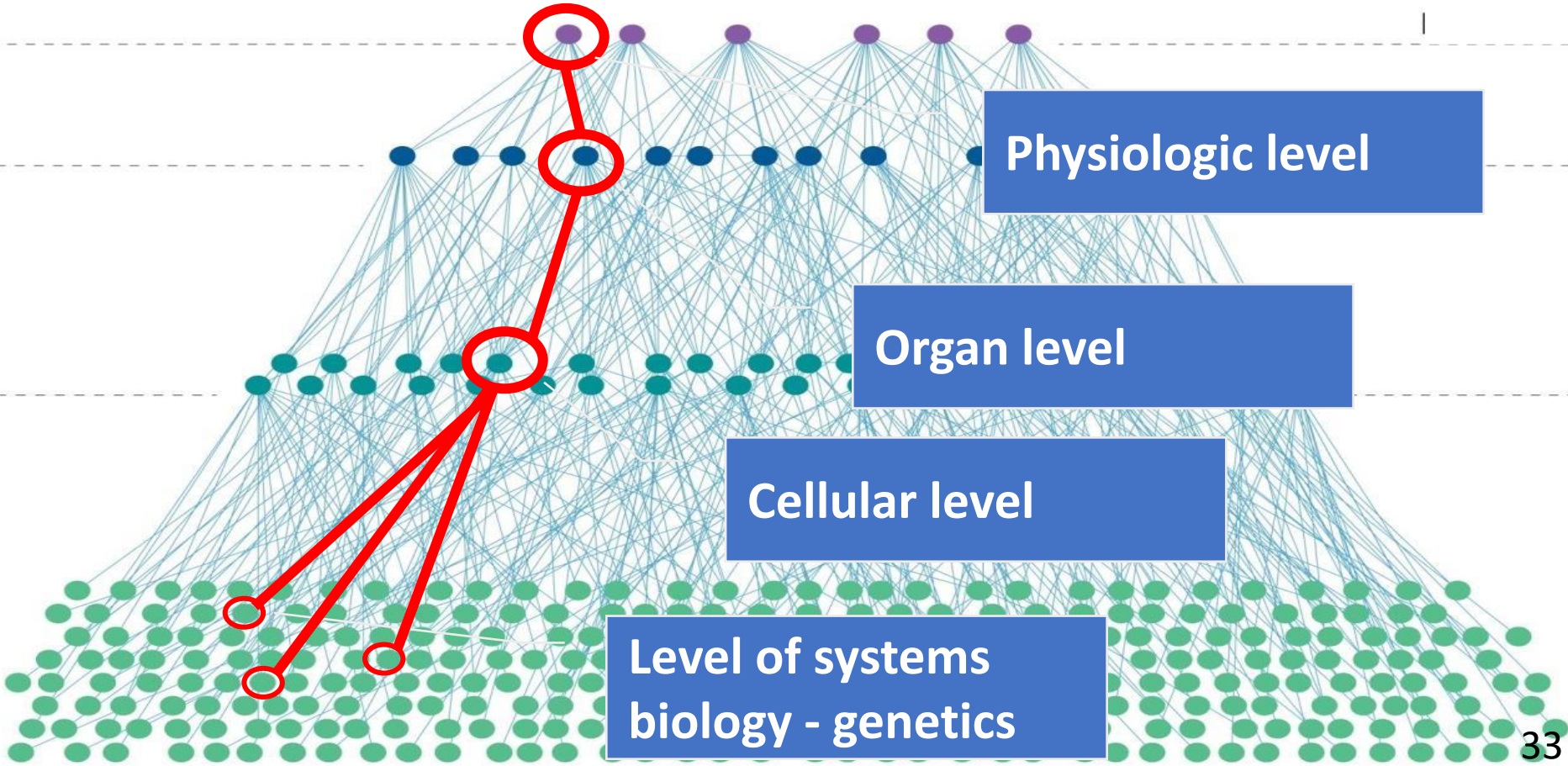
Multi component mixtures

Multi Target activity

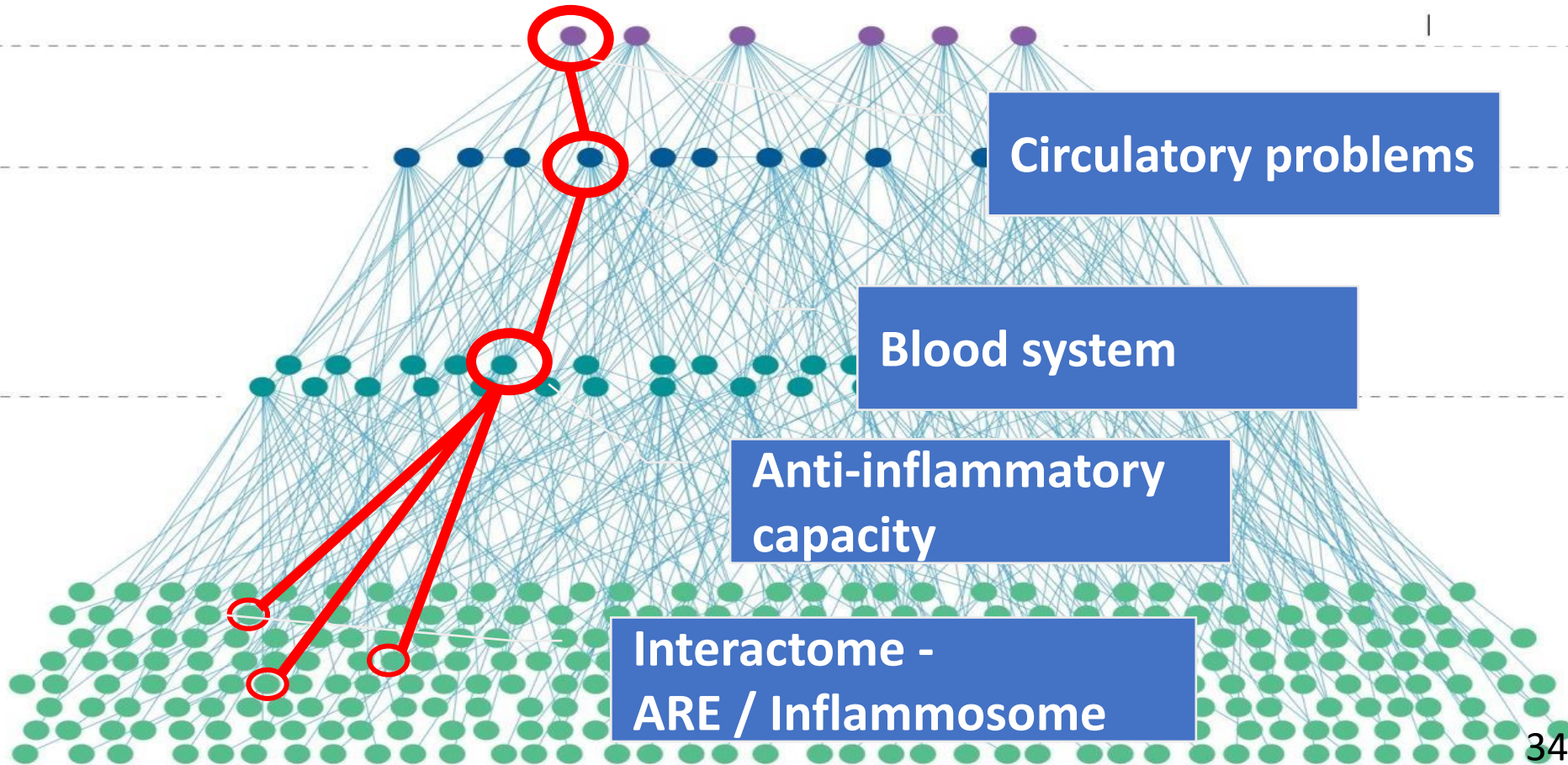
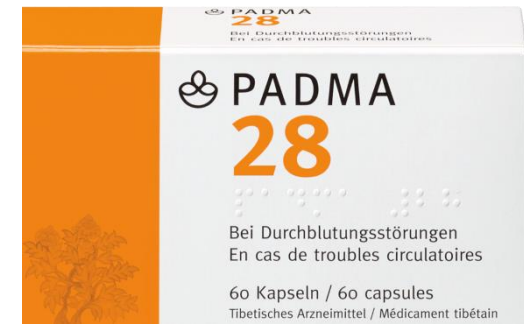
act on different
levels in the
organism



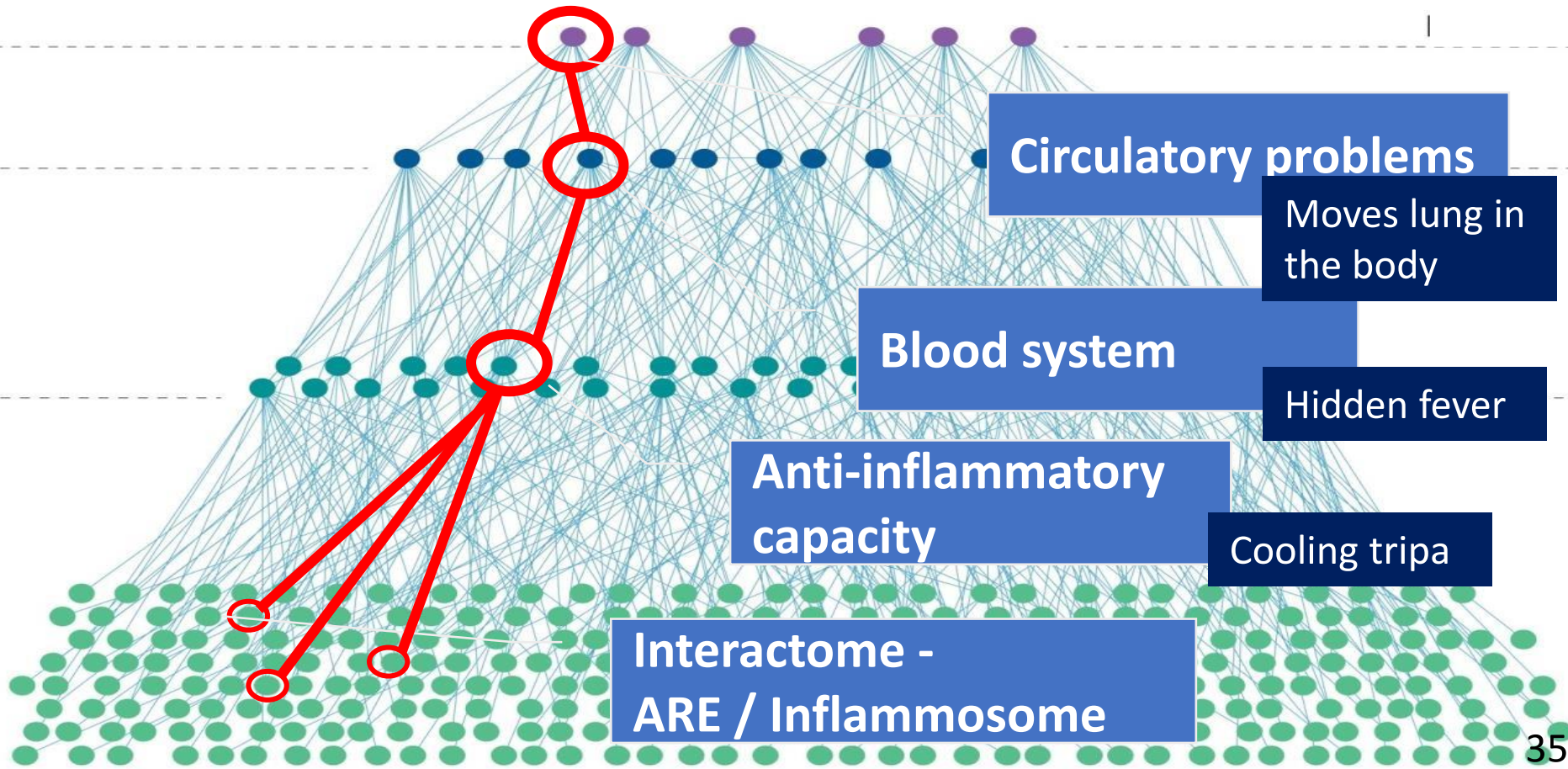
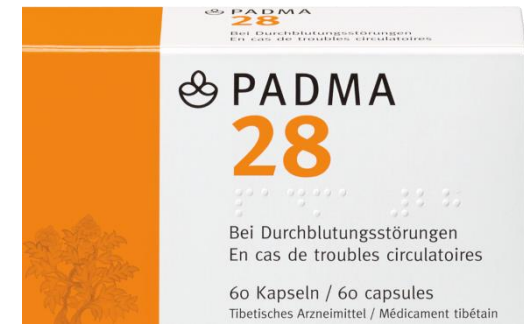
Network of body functions



Network of body functions



Network of body functions





Back to Switzerland...
The newest development...

The newest development...



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

AS 2017

www.bundesrecht.admin.ch

Massgebend ist die signierte
elektronische Fassung

Bundesgesetz über Arzneimittel und Medizinprodukte (Heilmittelgesetz, HMG)

Änderung vom 18. März 2016

The new law for
medicines has
come into force
on **Jan 1st, 2019.**

This amendment defines for the first time in the medicinal law in Europe...



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

AS 2017

www.bundesrecht.admin.ch

Massgebend ist die signierte
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**Bundesgesetz
über Arzneimittel und Medizinprodukte
(Heilmittelgesetz, HMG)**

Änderung vom 18. März 2016

Asian medicines
as part of the
officially
recognized
medicines in
Switzerland

Accordingly the Swiss Agency for Therapeutic Products *Swissmedic* issued a decree...

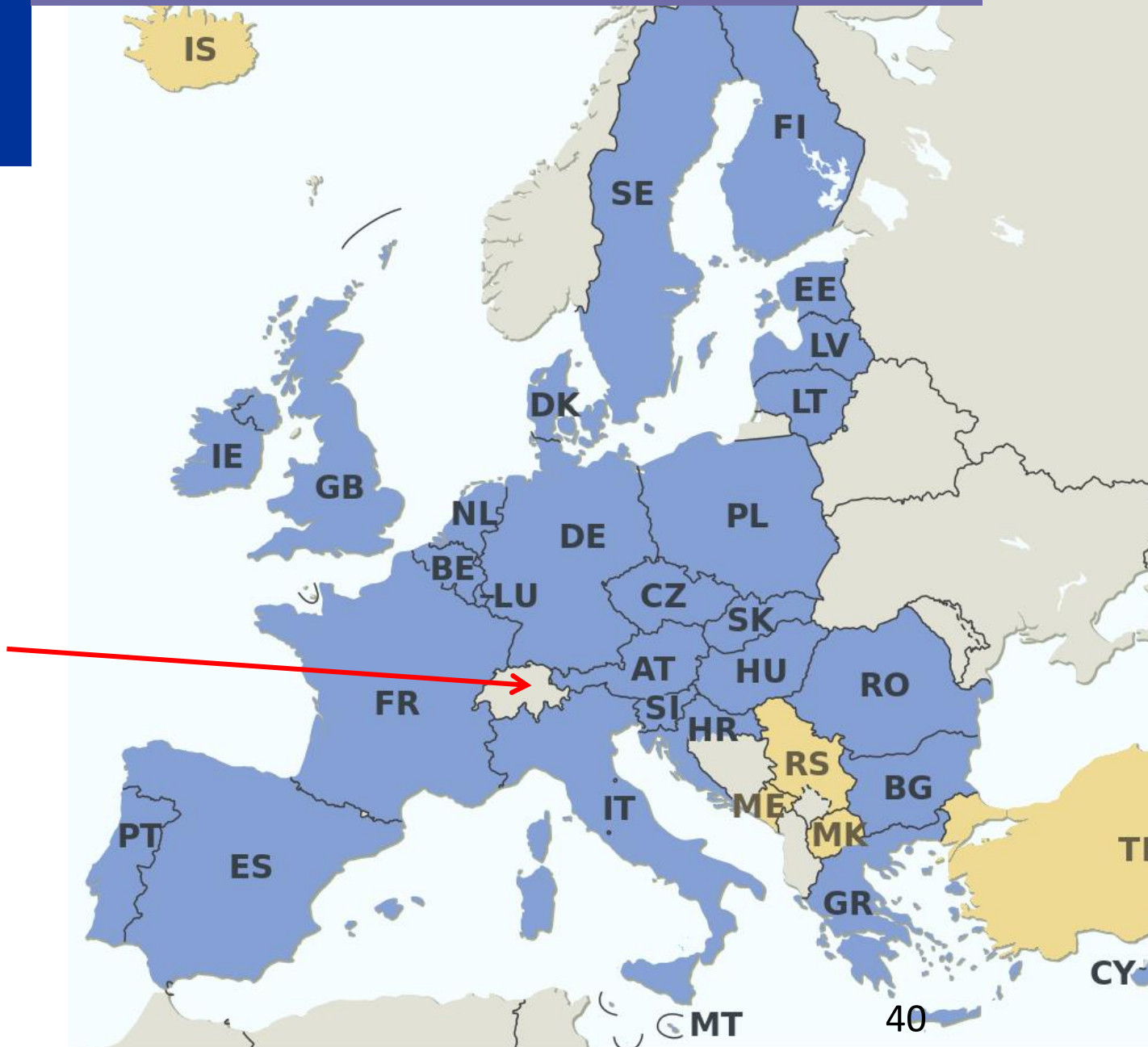
...defining traditional Asian medicines, **mentioning explicitly Tibetan medicine:**

c. *tibetische Arzneimittel*: Arzneimittel, die pflanzliche, mineralische oder tierische Bestandteile enthalten und nach dem Verständnis der tibetischen Medizin zusammengesetzt sind und angewendet werden;

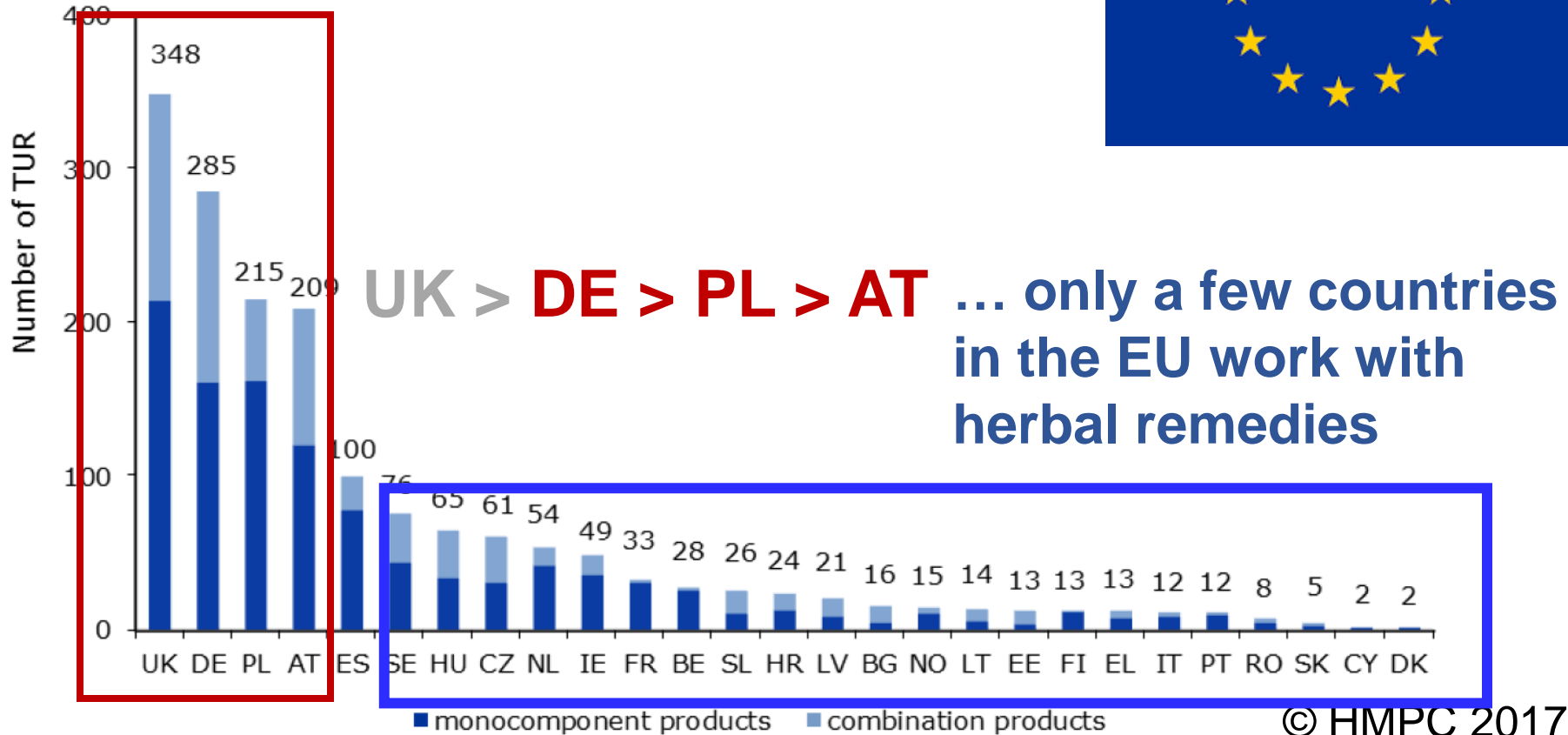
(Art.4.4 a) Asian medicines: Chinese, **Tibetan**, or Ayurvedic medicines.

(Art.4.4 c) Tibetan medicines: medicines containing **herbal, mineral or animal** components, composed and administered according to the understanding of Tibetan medicine.

The European Union (EU)



The European Union (EU)



Plant based «traditional» herbal medicines



Switzerland:

first time in modern Europe!

Asian herbal formulas, and in specific Tibetan medicines, are officially recognized as integral part of a national medical-pharmaceutical system.

PADMA worked hard for this recognition...



We are very glad that the parliament and the pharmaceutical regulatory authorities of Switzerland honored our ongoing efforts and finally officially recognized Tibetan herbal medicines.



Thank you!

Dr. Herbert Schwabl
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PADMA AG

www.padma.ch @padmaswitzerland

