TENTATIVE PROGRAM

1st Sowa-Rigpa Day Celebration

Venue: India International Centre & Tibet House, New Delhi,

Date: 11th - 12th September 2019

| INAUGURAL FUNCTION | | |
|----------------------------|---|--|
| 10:30 - 10:45 am | Gathering in Hall | |
| 10:45 - 10:50 am | Lighting of Lamp by the Chief Guest | |
| 10:50 - 11:00 am | Magalacharan / Yuthog Prayer | |
| 11:00 - 11:15 am | Presentation of Traditional Scarf to the Dignitaries on the dais by | |
| | Chairman, Central Council of Tibetan Medicine | |
| 11:15 - 11:25 am | Presentation of a short running slide on Sowa-Rigpa | |
| 11:25 - 11:35 am | Welcome Address by Chairman, Central Council of Tibetan Medicine | |
| 11:35 - 11:40 am | Presentation of Yuthog Award by Chief Guest | |
| 11:40 - 11:45 am | Launch of SORIG Journal Book by Guest of Honor | |
| 11:45 - 12:00 pm | Address by the Guest of Honor | |
| 12:00 - 12:15 pm | Address by Guest of Honor | |
| 12:15 - 12:30 pm | Address by Guest of Honor | |
| 12:30 – 12:50 pm | Address by the Chief Guest | |
| 12:50 – 1.00 pm | Presentation of Memento to the dignitaries on the dais | |
| 01:00 - 01:05 am | Vote of thanks by Member, Central Council of Tibetan Medicine | |
| 01:05 - 01:10 am | Photo Session | |
| 01:15 - 2.00 pm LUNCH | | |
| TECHNICAL SESSIONS | | |
| 02:15 - 03:05 pm | FIRST SESSSION: | |
| | Topic: Overall Promotion and Preservation of Sowa-Rigpa | |
| | Speaker: CCTM Advisors | |
| 03:05 - 03:15 pm TEA BREAK | | |
| 03:15 - 04:00 pm | SECOND SESSSION: | |
| | Topic: Recognition of Asian Herbal Formulas in Switzerland | |
| | Speaker: Herbert Schwabl, Director, Padma 28 | |
| 04:00 - 04:45pm | THIRD SESSSION: | |
| | Topic: History and Philosophy of Sowa-Rigpa | |
| | Speaker: Dr. Tashi Dawa | |

DAY TWO: THURSDAY, 12th September, 2019

| 09:00 – 9:45 am | FOURTH SESSSION: | |
|----------------------------|---|--|
| | Topic: Efficacy and Safety of Sowa-Rigpa Medicine | |
| | Speaker: Dr. Namgyal Qusar | |
| 09:45 – 10:30 am | FIFTH SESSION: | |
| | Topic: Concept of Diagnosis and Treatment in Sowa-Rigpa | |
| | Speaker: Dr. Sonam Dolkar Oshoe | |
| 10:30 – 10:45 am TEA BREAK | | |

| 10.45 - 11.30 am | SIXTH SESSION: | |
|----------------------------|---|--|
| | Topic: Legal enforcement on Sowa-Rigpa in India | |
| | Speaker: Secretary, CCIM | |
| 11:30 – 1:00 pm | Open discussion on: | |
| | - Preservation and Promotion of Sowa-Rigpa | |
| | - Comments and Suggestion on CCTM and its Activities | |
| | - Technical Questions on practice of Sowa-Rigpa in general | |
| 1:00 - 02:00 pm LUNCH | | |
| VALEDICTORY SESSION | | |
| 02:00 - 02:15 pm | Briefing on 6th General Body Meeting by Chairman, CCTM | |
| 02:15 – 02:30 pm | Term Report by Gen. Secretary, CCTM | |
| 02:30 – 02:45 pm | Distribution of Thank you Souvenir and Appreciation Certificate by | |
| | CCTM Chairman to the CCTM Advisors, Coordinators and Members | |
| | who have contributed for the CCTM activities. | |
| 02:45 – 02:50 pm | Presentation of Menjorkhang renewal certificate | |
| 02:50 – 03:00 pm | Distribution of Appreciation Certificate to the outgoing CCTM Executive | |
| | Members by Chief Guest | |
| 03:00 – 03:15 pm | Declaration of 6th Term Executive Member by Chairman, Election | |
| | Committee, CCTM | |
| 03:15 – 03:30 pm TEA BREAK | | |
| 03:30 – 03:40 pm | Election of CCTM Chairman, Vice Chairman and Gen. Secretary by | |
| | Election Committee, CCTM | |
| 03:40 – 03:50 pm | Presentation of welcome scarf to the newly elected members and Election | |
| | Committee Members | |
| 03:50 – 04:00 pm | Speech by New Chairman, CCTM | |
| 04:00 – 04:20 pm | Address by Chief Guest | |
| 04:20 – 04:30 pm | Vote of Thanks by Member, CCTM | |
| 04.30 - 04:45 pm | Closing Prayer - Men-Tsee Tengye sMonlam | |
| 4:45 pm | Photo Session | |

EXHIBITION ON SOWA-RIGPA & MEDICINE BUDDHA MANDALA

&

FREE MEDICAL CONSULTATION (with 10 days free medicine)

By Dr. Lobsang Tenzin Rakdho & Dr. Nyima Tsering Lhunkhang

AT

TIBET HOUSE

1, Lodhi Rd, Gokalpuri, Institutional Area, Lodhi Colony, New Delhi, Delhi 110003

DATE & TIME

11th - 12th September 2019, Morning, 9.15 am - 5 pm