

The knowledge and its elemental theory of Illness Astrology in Tibetan Astro-Science

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As per topic given by the Sowarigpa medical council, an effort has been made here to write a few lines on diagnosis of Illness through Astrology as per Tibetan Astro-Science. This particular topic covers very wide range and could be accorded with many sub topics. It can unveil two sections viz. 'jung rtsis (Elementary Astrology) and Yangchar calculation as (Vowel Appearance).

In Elementary Astrology, White Beryl and Moon light text combined one whole chapter which covers many subtle sections. So, most acceptable and authentic would be 19 pebbles of Illness health and 16 sections' chart. In addition, there are many systems implemented by the earlier Tibetan scholars through hidden way. At present in Amdo region, most of the astro-practitioners still practice 13 charts of Bal moi lding skor and 13 Sino dpyad lding. And one more system is 30 Sino-Tibetan miscellaneous charts.

These are only the symbolic or entity of and its interpretation method, but not the core factors. The literally meaning cannot be taken as when the Manjushree taught elementary astrology initially, he imparted with respect to these entities in order to perceive or project by his disciples. Therefore, he gave example of golden tortoise. For instance, we see all the five elements as it is and the ultimate interpretation is that all these five elements are five wisdoms, five dakini and five epithet of Buddha. Likewise, all have their different features.

In Tibetan Astro-science, there are many factors and entities that are not visualized and understood through our physical faculties. But, this science tells about five elements, twelve years sign, 9 magic numbers, 8 trigrams, Month, Date/Titthi, Time, Weekday, Constellation, 12 Inclination and Declination etc.

In Vowel Appearance section, there are 12 houses, 9 planets and other many tiny factors which are in coded with some representation in terms of Lord of the Planet, Planets' entity etc. which are taken into account. Obviously, we can see the planets, but their effects and properties are not seen vividly. But all these bear significant representation in various way. To interpret, one needs lifelong experience and has to be a learnt astrologist to decode the phenomenon. Here, the presenter does not have both the qualities and it is very hard to explain into very detail.

It is interpreted through planets and their corresponding impact in once life. Astrologer only interprets the indispensable entity of planets and their aspects from their respective House etc. Planetary impact and their associate factors are prime cause and condition for astrologist and in term of Sowarigpa through consumption of food/drink and behaviors etc. But for philosopher, they interpret or co-relate these through negative karma in the past maturing in present time and so on.

For holy and realized being, these are seen as ultimate dependent origination, but for general people, these are just exemplary to show the symbolic features. All phenomena are not independently arisen although we are advocating independent and perceive some prime factor

considering only tiny part of entity and not holistic way. Therefore, it is quite similar to diagnosis the medical paradigm.

In White Beryl and Moon light literature, the prime feature is 19 pebbles which can be read and seen as follows for 86 year old (female) case study. However, the divinatory aspects entailed in the diagnosis of ill-health, including pulse and urinalysis are treated extensively by sde srid in his Blue Beryl in addition to these factors.

A) In this, firstly 4 entities of patient's are regarded

- 1) Life sign-Metal
- 2) Body sign-Metal
- 3) Power sign-Water
- 4) Luck sign-Water

B) Next 4 entities with regard to the time.

- 1) Present year sign- Earth-Dog
- 2) Present Monthly sign-Water-Dragon
- 3) Today's date/tithi sign Fire-Ox
- 4) Current time sign-Water-Serpent

- 1) *Srog* (Life) The life essence which resides in the heart which is known as our Vitality.
- 2) *Lus* (Body) Energy determining our good or bad specially (Physical Health)
- 3) *dwang Thang* (Power) Influencing one's wealth, possessions, further helps realize one's goals, our charisma.
- 4) *rlung rta* (Luck) is linked to reputation, and capacity to keep away bad circumstances.
- 5) *bla* (Spirit weekday/*bla* energy) is linked to one's mental and emotional stability, (Protective Energy)

| 19 pebbles chart of Illness Astrology for 86 year old | | | | |
|---|---------|----|----------------|----|
| Particular | Me | | Me | |
| Present year sign Earth-Dog | Ea | ◉◉ | Wo | ◉◉ |
| Current year Inclination and Declination | Decline | ox | Decline | ox |
| Present Month sign-Wa-Dragon | Ea | ◉◉ | Wa | ◉x |
| Current month Inclination and Declination | Foetus | o | Foetus | o |
| Present Weekday sign-Wa-Ox | Ea | ◉◉ | Me | x |
| Current Tithi/date Inclination and Declination | Tomb | xx | Tomb | xx |
| Present time sign-Fi-Dragon | Ea | ◉◉ | Ea | ◉◉ |
| Current Time Inclination and Declination | Foetus | o | Foetus | o |
| Tithi fairy | 12 | | Gleaming fairy | |
| Weekday | 3 | | Tuesday | |
| Lunar mansion | 06 | | Punarvasu | |

Both the literatures did not employ (*bla*) spirit weekday in the case study. However, several other authors take the fifth in several aspects as another factor.

When someone is sick, then it's important to understand and consider the astrological aspects. Here, first five sections are basically combined for the male, later five sections (6-10) for female, third sections (11-15) for child and the final section or sixteenth for duration of illness. And here, there are seven different types of pebbles style and according to the styles of the pebbles, astrologist interprets with respect to the section. Because the result are all described through the styles of pebbles which are similar to the icon of computer. The reason for long term illnesses or short term illnesses is signified by the last section. Each section is taken for particular patient in association with other. These form the elementary astrology part.

| Example -2 | | | | | | |
|--|-----------|------------|-----------|------------|-----------|----------------------|
| The pine tree astrological system (16 section) | | | | | | |
| Patient's year sign | | Life sign- | Body sign | Power sign | Luck sign | Particular |
| Water-Bird | | | | | | |
| | | Metal | Metal | Water | Water | |
| 1 | Me-Ox | O | X | O | O | For Male specially |
| 2 | Wa-Ox | O | X | O | X | |
| 3 | Wo-Ox | O | X | X | X | |
| 4 | Fi-Ox | O | X | X | O | |
| 5 | Ea-Ox | O | X | O | X | |
| 6 | Wo-Tiger | X | X | X | X | For Female specially |
| 7 | Fi-Tiger | O | O | X | X | |
| 8 | Ea-Tiger | X | O | X | X | |
| 9 | Me-Tiger | X | X | O | X | |
| 10 | Wa-Ox | X | O | O | O | |
| 11 | Wo-Rabbit | O | X | O | O | For Child specially |
| 12 | Ea-Ox | O | O | O | O | |
| 13 | Wo-Bird | O | O | O | O | |
| 14 | Ea-Bird | O | O | X | O | |
| 15 | Fi-Sheep | O | X | O | X | |
| 16 | Ea-Moneky | O | X | O | O | Duration of illness |

As discussed above, in Vowel Appearances, it is interpreted through other symbolic like planetary lord and their relationship in addition to their power in respective house and so on. One major aspect is that the planets influence the house wise and their category. Thus when one's lord or main planet become weak, then illness starts through various directions. It also makes one susceptible to illnesses by reducing one's immunity from the point of Sowarigpa tradition.

Anyone who has a conjunction of Saturn and Moon in their birth-chart, or if Mercury is influenced by Rahu, or if Rahu and Moon are conjunct, then such people easily get infected by others or by the negativity in the air. Additionally, planets that cause illness becoming too strong in one's birth chart and can cause long term illness. For instance, a negative

Rahu/Moon/Saturn/Ketu/Venus can cause one to indulging excessive alcohol consumption, eating wrong kinds of food/beverage, etc. which influence one's health. The prime planet for illness is Mars and its occupancy house followed by Rahu visionary. One cannot discuss easily as there are many composition of planet and their visionary aspect in various houses. Moon and Ketu are equally game changer in their house and visionary point of view.

Sound Health is more precious than sound wealth because it enables one to enjoy life and work hard to accomplish one's goals. Mental health is more essential to lead a peaceful life. Each planet causes certain diseases according to its nature as detailed hereunder. The ailments may vary according to the sign and house it occupies and the planets afflicting it. The parts of the body governed by the signs and planets are likely to be affected. The Ascendant or Sun is aid to be afflicted if conjunct with Saturn, Mars or if any planet is situated at a distance of 90 or 180 degrees forming square or opposition aspects.

Role of planet **Mars** in health.

The planet Mars plays a major role in health and also known as the commander-in-chief among the planets. It predominant and influence leads to the illness like chest, bone marrow, blood, bile, digestive fire, intestine, forehead, neck, muscular system, acuity of vision, sinews, nose etc. And external generative organs are all under the influence of this planet and are also responsible for its associated diseases. The weak position of the Mars in birth chart will result in various traumas like fractures, inflammations, overheating, skin rashes, ulcers, lacerations, operations, all sorts of acute complaints, fevers, epilepsy, mental aberration, tumors, cancer in the muscular parts of the body, inability to tolerate hunger, wounds, burns, accidents, piles and liver complaints etc.

Role of **Rahu** in one's wellbeing

Rahu is said to be a shadowy planet and is phlegmatic in nature resulting in malignant growth. If Rahu is weak in a birth chart it causes problems in intestines, boils, skin, ulcers, spleen, worm infection , high blood pressure, etc. Rahu afflicted chart results in overeating and our consumption.

Role of **Ketu** in one's illness

Ketu is similarly shadow or invisible planet. A weak Ketu ends up in low blood pressure, deafness, wounds, inflammations, fevers, intestinal disorders, aberrations, defective speech and gives emaciated body with prominent veins.

One of the great things about Medical Astrology is that it can enable us to work around the timing of diseases, or accidental injuries, or other health problems and to estimate the duration of any illness.

Health issues are largely governed by the first and sixth house and its planetary ruler, along with the peaceful and wrathful ascendant. The location of the Sun and Moon are also significant, as are the placement of Saturn and Mars.

Ascendant reveals the influences on one's health and wellbeing of the Sun, Moon, rising sign and all planets, the houses and the planetary aspects. Such an analysis is essential if somebody is concerned about the secret keys to one's health and wellbeing as revealed through the stars.

Not many people realize that one's health can be tracked in the stars and planets. Each planet and the house have particular areas of the body that they influence through their dominant.

For example, Aries rules the head, brain and eyes, so people with the sign Aries prominent in their charts are subject to head injury, headaches, general problems related to the head and fevers Aries is such a headstrong sign and similarly other planets have their own rulership.

The sun would be in its most powerful stage while transiting at Aries for first 10 days. But would be least inferior at Libra which is opposite at seventh House of the Aries. Likewise there are similar potential of each planet at their house occupancy. People may think what relationship is there between me and Planets, if so, then, everybody should have a similar impact which does not exist. These are very superficial and here it shows very subtle to whom the impact will be affected through its features. Because every people have their own favourable and unfavourable planets with particular house, visionary and other composition. Hence, all these phenomenon can be seen through some mechanism which constantly a part of the dependent origination.

Each planet has their own ability as singularity, but it varies when transiting to other houses in composition of other planets' effect. Likewise, friend and foe in association with inclination and declination status etc. play vital role in one's life.

An example of planetary aspect here through chart may help to understand easily. Its interpretation is very complex in nature. This is only one and has several influential procedures given by the particular planet through various directions with its potentiality. Here in the figure :2, one can only see the first house impact through arrows and can be discussed similarly for other houses as well according to the visionary and impact.

Visionary energy of the planets.

The planets give its only one foot potential to 3 & 10 houses from the occupant house which is equivalent to 25%

At 4 & 8 houses, only three foots potential which is equivalent to 75 %, at 5 & 9 houses, only two foots potency equivalent to 50%, but whole 100% potential to 7 house which is exactly opposite house of the ascendant.

For houses like 2,6,8,11 & 12 from occupant, no influence will be given.

This is the normal visionary influence/potency of general planets like, Mercury, Venus, Moon and the Sun. But for the external planets, they have variable potency and features. Saturn gives its total potency to 3, 7 & 10 houses where as Jupiter 5, 7 & 9 and Mars 4, 7 & 8 respectively.

