

༣༣ ། རྒྱལ་སྤྱིའི་བོད་ཀྱི་གསོ་བ་རིག་པའི་བསོ་སྦྱང་
ཚོགས་ཚེན་ཐེངས་གསུམ་པ།

**3rd INTERNATIONAL CONFERENCE ON SOWA-RIGPA
(TIBETAN MEDICINE)**

Date - 25th Feb. to 1st Mar. 2018

Venue - CIHTS, Sarnath,
Varanasi (UP) INDIA

Jointly Organized by:



བོད་ཀྱི་གསོ་བ་རིག་པའི་ལྷན་ཚོགས།
CCTM Dharamsala

སྤྱི་ཚུལ་དབུས་བོད་ཀྱི་གཙུག་ལག་སློབ་གཉེར་
ཁང་གི་གསོ་བ་རིག་ལྗེ་ཚོན།
DSR of CIHTS Varanasi



ལྷགས་པོ་རི་འབྲུག་ལོ་རྒྱུན་སློབ་སློབ་གཉེར་ཁང་།
CTMI Darjeeling

Session Theme: Glimpse into The Three Great Medical Systems of Asia

ཐུན་ གསོ་རིག་ལོ་རྒྱུས་ལས་འཕྲོས་པའི་ལུགས་ཆེན་གསུམ་གྱི་སྐོར།

Topic: Ayurveda: Knowledge from Home to Hospital	17	PL1
Speaker: <i>Dr. Shiv Ji Gupta</i>		
Topic: Traditional Chinese Medicine: Antidotes from History to Present	18	PL1
Speaker: <i>Dr. Edward Yap</i>		
Topic: Sowa-Rigpa: Healing from Physical to Spiritual	18	PL1
Speaker: <i>Dr. Lobsang Tenzin Rakdho</i> (Tibetan version)	77	
Topic: Education, Practice and Research in Ayurveda: Evolutionary Development and Future Challenges	19	PL2
Speaker: <i>Dr. (Prof.) Sanjeev Rastogi</i>		
Topic: The Evolutional Development of Traditional Chinese Medicine: Challenges, Training, Practice, Research and Future Development	19	PL3
Speaker: <i>Dr. Edward Yap</i>		
Topic: The Evolutional Development of Unani Medicine: Education, Practice, Research, Future Development and Challenges	20	PL4
Speaker: <i>Dr. (Prof.) Rais-Ur-Rahman</i>		

Session Theme: Present Status of Sowa-Rigpa in Asian Countries

ཐུན་ ད་ལྟའི་ཨེ་ཤི་ཡའི་ནང་དུ་གསོ་བ་རིག་པའི་གནས་བབས།

Topic: Development of Sowa Rigpa in Bhutan through Research	22	PS2
Speaker: <i>Mr Sherab Tenzin</i>		
Topic: Sowa-Rigpa: Status in Russia and Role of Dr. Alexander Badmavev	23	PS3
Speaker: <i>Ms Oyuuna S. Rinchinova</i> Co-author- <i>Tsymzhit P. Vanchikova</i>		
Topic: Sowa-Rigpa in Asia: A Quantitative Overview	24	PS6
Speaker: <i>Stephan Kloos</i>		
Topic: Sowa-Rigpa: Historical Background and Current Status in Mongolia	37	PS26
Speaker: <i>Dr. Ganzorig Dawaa-Ochir</i> (Tibetan version)	79	

Topic: Sowa-Rigpa; Legal Status in Nepal	27	PS13
Speaker: <i>Dr. Nyima Tsering</i> (Tibetan version)	80	

Session Theme: Clinical Management of Somatic Disorders

ཐུག་ ལུས་ཀྱི་ནད་བཅོས་སྐོར།

Topic: Sowa-Rigpa: Knowing Cancer and its Important Parameters	20	PL5
Speaker: <i>Dr. Dorjee Rapten Neshar</i> (Tibetan version)	77	
Topic: Sowa-Rigpa: Understanding Auto Immune Disease	25	PS10
Speaker: <i>Dr. Dorjee Rapten Neshar</i> (Tibetan version)	81	
Topic: The Prevalent Diseases in the Tibetan Exile Community in India	29	PS15
Speaker: <i>Dr. Lodoe Phuntsok</i>		
Topic: The Management of Malposition and Malpresentation of Fetus (Through Sowa-Rigpa and Modern Medicine)	34	PS22
Speaker: <i>Dr. Passang Dolma, MD</i> (Tibetan version)	84	

Session Theme: Clinical Management of Psychological Disorders

ཐུག་ སེམས་ནད་བཅོས་པའི་སྐོར།

Topic: Role of Philosophy in Palliative Care (Breakdown of Body and Transference of Consciousness)	25	PS8
Speaker: <i>Ven. Dolpo Tulku Rinpoche</i> (Tibetan version)	79	
Topic: Importance of Mental Health	25	PS9
Speaker: <i>Ven. Dolpo Tulku Rinpoche</i> (Tibetan version)	80	
Topic: Art of Stress Management in Tibetan Medicine	29	PS16
Speaker: <i>Dr. Thinles Yangjor</i>		
Topic: Management of Psychological Disorders According to <i>Bum-bZhi</i> Text	34	PS23
Speaker: <i>Dr. Passang Topchen</i> (Tibetan version)	85	

Session Theme: Pharmaceutics and Research

ཐུག་ སྐྱེད་སྦྱོར་དང་ཉམས་ཞིབ།

Topic: Sowa-Rigpa: Drug Research, its Scope and Challenges	24	PS5
Speaker: <i>Tenzin Choedon</i>		
Topic: Molecular Insights into the Anti-Cancer Properties of Traditional Tibetan Medicine <i>Yukyung Karne</i>	26	PS11
Speaker: <i>Tenzin Choedon</i>		

Topic: Sowa-Rigpa: Its Development in Modern Pharmaceutics (Action Profiles of Tibetan Formulas)	27	PS12
Speaker: <i>Herbert Schwabl</i>		
Topic: Sowa-Rigpa Literature in <i>bsTan 'Gyur</i>	37	PS27
Speaker: <i>Dr. Dorjee Damdul</i> (Tibetan version)	78	
Topic: Acharya Vāgbhata and Astangh Hridayam	28	PS14
Speaker: <i>Dr. Akhilesh Kumar Singh</i>		
Topic: Practical Application of Sowa-Rigpa Pharmaceuticals	33	PS20
Speaker: <i>Dr. Dorjee Damdul</i> (Tibetan version)	83	

Session Theme: Advance Sowa-Rigpa Practice

ཐུག་གསོ་རིག་ཟབ་ལམ་སྒོར་

Topic: Sowa-Rigpa: <i>sMen-Drub</i> and its Significance	Hand-	PS7
Speaker: <i>Ven. Geshe Lharampa Jadho Rinpoche</i>	out	
Topic: The Knowledge and its Elemental Theory of Illness Reading (<i>Nad-rTsi</i>) in Tibetan Astrology	35	PS24
Speaker: <i>Dr. Jampa Chopel</i> (Tibetan version)	85	
Topic: Sowa-Rigpa: <i>Yuthog Nyingthig</i> and its Significance to its Practitioner	38	PS28
Speaker: <i>Dr. Nida Chenagtsang</i>		

Session Theme: Medico-Legal Issues

ཐུག་སྒྲན་དང་འབྲེལ་བའི་བྲིམས་སྒྲིག་སྒོར་

Topic: CCIM Acts and Regulation on Sowa-Rigpa		PL6
Speaker: <i>Dr K. Natrajan</i> (Secretary CCIM)		
Topic: Regulation and Quality Control of Ayurvedic, Siddha, Unani and Homeopathic Drugs	22	PS1
Speaker: <i>Dr. D.C. Katoch</i>		
Topic: Use of Mercury as Medicine and its Legal Challenges	30	PS17
Speaker: <i>Dr. (Prof.) Anand Kumar Chaudhary</i>		
Topic: Principles and Practical Application of Tibetan Medicine in a Western Context	33	PS21
Speaker: <i>Dr. Lobsang Tsultrim</i> (Tibetan version)	83	
Topic: Prospects and Problems of Compliance to Good Manufacturing Practices in Indian Systems of Medicine	54	PS4
Speaker: <i>Dr. D.C. Katoch</i>		

Session Theme: Materia Medica and its Challenges

ཐུན་ སྐབ་རྒྱ་དང་དེའི་དཀའ་གནད་སྐོར་

Topic: Importance of Conservation of Cold Desert Medicinal Plants in Ladakh	31	PS18
Speaker: <i>Dr. Padma Gurmet</i>		
Topic: Materia Medica of Tibetan Medicine: Diversity, Identification and Classification and the Method of Quality Analysis	32	PS19
Speaker: <i>Dr. Tsultrim Kalsang</i> (Tibetan version)	82	
Topic: Climate Change and its Effect to the Medicinal Plants	36	PS25
Speaker: <i>Dr. Tsultrim Kalsang</i> (Tibetan version)	86	

Session Theme: Hands on Practical Training

ཐུན་ ལག་ལེན་དམར་འབྲིན།

Topic: Sowa-Rigpa: Significance of External Therapies	51	PW1
Speaker: <i>Dr. Dorjee Rapten Neshar</i>		
Topic: Sowa-Rigpa: Practice of <i>Yugkcho</i> Therapy	52	PW2
Speaker: <i>Dr. Nida Chenagtsang</i>		
Topic: Sowa Rigpa: Practice of <i>Ku-Nye</i> Therapy	52	PW3
Speaker: <i>Dr. Tsultrim Kalsang</i>		
Topic: Sowa-Rigpa: Practice of <i>Kyug</i> Therapy	53	PW4
Speaker: <i>Dr. Tenzin Jinpa</i> (Tibetan version)	87	
Topic: Sowa Rigpa: Practice of <i>Dhug</i> Therapy	54	PW5
Speaker: <i>Dr. Tsultrim Kalsang</i>		

Paper Presentation

ཚུམ་ཤོག་སྐོབ་སྤྲོད།

In English Language

Topic: Historical Background for Tibetan Medical System in the Republic of Tuva (Russian Federation)	39	PP1
Presenter: <i>Galina B. Kopeliovich, L.A.Pavlova</i>		
Topic: Treatment of People Infected with Chronic Hepatitis B + Delta with Tibetan Herbal Pills	40	PP2
Presenter: <i>A. Saryglar and D. Uvanchaa (Sherchin-emchi)</i>		
Topic: Fibromyalgia in Sowa Rigpa	41	PP3
Presenter: <i>Nashalla Gwyn Nyinda Menpa</i>		

Topic: Traditional Tibetan Medicine as an Ancient Personalized Medicine and its Relevance in the Modern World	42	PP4
Presenter: MD Yulia Yusipova		
Topic: Philosophy of Healing Tradition in Tibet (c.617 A.D - c.785 A.D)	43	PP5
Presenter: Dr. Asrarul Haque (MD)		
Topic: From Hidden Fever to Silent Inflammation: Translating Concepts	43	PP6
Presenter: Dr. Med Cecile Vennos		
Topic: Tibetan Medicine in the Era of Tsarist Russia	44	PP7
Presenter: Svetlana Chojinimayeva		
Topic: Tibetan Buddhist Tradition and Neuro-Biology	49	PP13
Presenter: Prof. Arun Kumar Jha and Mrs. Sudha Jha		

In Tibetan Language

Topic: ཆེ་ཡི་རིག་བྱེད་ལས་གསུངས་པའི་ཟས་ཀྱི་ཡོན་ཏན་གསུམ་སྐོར་གསོ་བ་རིག་པ་དང་འབྲེལ་ནས་ཆ་ཙམ་དབྱེད་པ།	45	PP8
Presenter: Dr. Jigme Migyure (Menrampa)		
Topic: བོན་གྱི་སྐོན་རྩིས་ལས་འཕྲོས་པའི་མིའི་སྒྲ་སྐོན་སྐོར།	46	PP9
Presenter: Gyashod Yudrung Tashi		
Topic: བེ་ཅིའི་སྤྱ་ཉི་ཁ་སེར་ལས་འཕྲོས་པའི་དབྱེད་བཙོས་རིག་པའི་འཕེལ་རིམ་རྩལ་ཟད་སྐྱེད་པ།	47	PP10
Presenter: Kunkhen		
Topic: སྒྲ་ཞེས་པའི་གོ་དོན་དང་དོས་འཛིན་སྐོར་ལ་བསྐྱར་དུ་དབྱེད་པ།	48	PP11
Presenter: Wangal Dorjee		
Topic: སྦྱོང་བྱེད་ལས་ལྷ་སྦྱི་དང་བྱེ་བྲག་ཏུ་སྐོན་སྐོར་དབྱེད་པ།	48	PP12
Presenter: Dr. Sonam Palmo		
Topic: བོད་ལྷགས་གསོ་རིག་གི་གཏར་གའི་འཕེལ་རྒྱས་དང་ཚན་རིག་གི་དབྱེད་དཔོག	50	PP14
Presenter: Ala Kalsang Kyab and Rinchen Dolma		

Plenary Lecture (PL) – 6
Paper Presentation (PP) – 14

Parallel Session (PS) – 28
Practical Workshop (PW) – 5