

DR. NIDA CHENAGTSANG

Co-Founder and Medical Director of Sorig Khang International

E-Mail <info@sorig.net>

Dr. Nida Chenagtsang was born in Amdo, in Eastern Tibet, and trained in Tibetan Medicine at Lhasa Tibetan Medical University. He is Co-Founder and Medical Director of Sorig Khang International (formerly the International Academy for Traditional Tibetan Medicine) and Co-Founder of the International Ngak-mang Institute, established to preserve and maintain the Rebkong Ngakpa yogic culture within modern Tibetan society. Dr. Nida has published many articles and books on Sowa Rigpa (Traditional Tibetan Medicine). He has extensively researched ancient Tibetan healing methods, and has earned high acclaim in the East and West for his revival of traditional Tibetan external healing therapies. Dr. Nida trains students in Sowa Rigpa and the Yuthok Nyingthig spiritual tradition in over 40 countries around the world.
