

PROF. RAIS-UR RAHMAN

Prof. Rais ur Rahman is one of the eminent personality in the field of Unani Medicine. He did his graduation and post graduation from a prestigious college of Unani Medicine in India, i.e., A & U Tibbia College, Karol Bagh. He is presently serving as Advisor (Unani) in the Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy (AYUSH), Govt. of India. He also served as Director General (additional charge) of the largest and central research body of Unani Medicine i.e., Central Council for Research in Unani Medicine (CCRUM), Janakpuri, New Delhi for 2 years. He has about 30 years of experience in research, teaching, clinic and administration so far.

Prof. Rahman started his career as a demonstrator in the subject of Moalajat (Medicine) at Hamdard Tibbi College, New Delhi in February 1988. In May 1988, he was selected as a Demonstrator in the Department of Moalajat wa Ilmul Amraz, A & U Tibbia College, New Delhi. In 1992, he was promoted to Lecturer in the subject of Moalajat (Medicine), and endorsed to Reader in 1996 and subsequently to Professor Rank in 2011. Prof. Rahman proved to be a virtuous administrator during his reign as an Assistant Medical Superintendent (AMS) during 1998 and 2002, and Deputy Medical Superintendent (DMS) during 1996 and 1998 at A & U Tibbia College Hospital, New Delhi. The College and hospital underwent great reforms and discipline during his tenure as DMS.

Under his directives as Director General, the Council has achieved several milestones in such a short span of time. The highlights include starting MD and PhD programmes in two disciplines of Unani system of Medicine i.e., Advia (Pharmacology) and Moalajat (Medicine) with 14 seats of MD (7 in each discipline) and 6 seats of PhD (3 in each discipline) in CRIUM, Hyderabad and RRIUM, Srinagar, signing of a Memorandum of Understanding (MoU) with Jamia Millia Islamia to conduct interdisciplinary research on various extents of Unani Medicine, organization of a Symposium on Redesigning of Dosage forms of Unani Formulations and Hands-on Training on Hijamah (Cupping Procedure), Orientation Workshop on Research Methodology for updating the knowledge of the researchers, Brain storming session with researchers on revisiting Unani Pharmacopeia of India (UPI), etc. His intended efforts lead to allotment of lands for establishment of Regional Research Institutes (RRIs) at Bhopal (M.P.) & Kurnool (A.P.) by respective state Governments. Under his stewardship, CCRUM initiated AYUSH Awards Scheme in various categories such as “Young Scientist Award”, Best Teacher Award” and “Life Time

Achievement Award” in Unani system of Medicine. This Award Scheme is first of its kind to be recognized by Ministry of AYUSH, Government of India. His vision for mainstreaming Unani Medicine and its inclusion in primary healthcare resulted in launch of two leading Health Programmes in Unani Medicine through CCRUM. One is Integration of Unani Medicine in National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases & Stroke (NPCDCS) in collaboration with Directorate General of Health Services, Ministry of Health and Family Welfare, New Delhi at 17 CHCs and 54 PHCs. The other is the model health programme of Ministry of AYUSH on the lines of Swatch Bharat Abhiyan of Hon’ble Prime Minister of India, i.e., Swasthya Rakshan/Parikshan Programme, running at 12 Institutes of CCRUM. The programmes have generated employment for about 300 technical/non-technical staff. Establishment of Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine along with Specialty Clinic & Regimenal Therapy Centre at Jamia Milia Islamia Campus, Unani Medical Centre and Regimenal therapy centre at All India Institute of Ayurveda and Unani Medical Clinic in AYUSH Wellness Centre at President’s Estate are also some of the highlights of his endeavors.

Ministry of AYUSH has also appointed Prof. Rahman as Program Officer of the Extra Mural Research (EMR) Scheme run by Ministry of AYUSH, Government of India. Besides monitoring various projects at the Ministry, he is heading the Steering Committee of All India Institute of Unani Medicine, Committee for Development of Minimum Standards of Clinical Establishment and Standard Treatment Guidelines (STGs) for AYUSH System. He was the chairman of important Committees constituted by Ministry of AYUSH such as Committee to prepare concept note for National Institute of Geriatrics, National Institute of Sowa Rigpa, National Institute of Metabolic & Life Style Disorders, National Institute of Drug & Tobacco De-addiction, The Purchase Advisory Committee PAC (U) for CGHS Unani, The Unani Committee for Inclusion of Unani Medicine in International Classification of Diseases for Traditional Medicine ICD-11 etc.

Prof. Rais-ur-Rahman has been on selection committees and boards of studies of different academic institutions of Unani Medicine. Also, he has been a member of selection committee as an Expert in Union Public Service Commission (UPSC), New Delhi, Public Service Commission’s (P.S.C.s) of Srinagar (J&K), Uttar Pradesh, Rajasthan, Madhya Pradesh & Maharashtra. He is a member of Board of Studies of A.M.U. Aligarh, N.I.U.M. Bangalore, Jamia Hamdard, New Delhi, etc. Prof. Rais-ur-Rahman has been regularly invited as a guest of Honor to chair technical sessions, deliver lectures, and present research papers at various national and international training workshops,

seminars and conferences on Unani Medicine and other health-related subjects. He has supervised five M.D. (Unani) theses, and has published more than 50 research papers. He is also on the Editorial Boards of different research journals of Unani Medicine, besides being on the panels of experts of different media channels. He has closely been associated as an Expert, Member Peer Review Board and Editorial Board in a W.H.O sponsored C.C.R.U.M project on ‘Standardization of Unani Terminology’ and “Dossier of Unani System of Medicine”.

For his contribution in expansion, promotion, popularization, development & globalization of Unani Medicine, he is conferred with many awards and certificates. To name few are Lifetime Achievement Award by Hakim Ajmal Khan Memorial Society on 23rd February 2017, and All India Institute of Medical Sciences (AIIMS), New Delhi on 12th January 2014. Another two prestigious awards includes Hakim Ajmal Khan Memorial Society Award in 2000 for outstanding performance in Unani Medical Education and Hakim Ahmad Ashraf Memorial Global Award, awarded in September 2014 by Hakeem Ahmad Ashraf Memorial Society (Regd.), Hyderabad for the promotion, development and globalization of Unanipathy. He was awarded first prize by CCIM on delivering a lecture named “Teaching Methodology on the Subject of Kulliyat at P.G. Level” in March 2002. He has also been declared as an Ideal Teacher of the Institution by the Chairman, Tibbia College Board in his Appreciation Letter in September 1997.

Prof. Rahman has constantly been working for the betterment of Unani Medicine not only in India but also at global level. His dream is to develop Unani as a preferred system of Medicine throughout the world.
