

DR. TSULTRIM KALSANG

Dr. Tsultrim Kalsang is the Deputy Head of Materia Medica Department at the Tibetan medical and Astrological Institute of His Holiness Dalai Lama (Men-Tsee-Khang), Dharamsala. He was born in 1970 in *Rachu* in the district of *Dhing-ri* in Tibet. In 1982 he came to India and Completed the All India Senior School Secondary Examination (AISSSE) graduated from the Tibetan Children's Village school in Dharamsala, in 1992. He joined the Tibetan Medical and Astro. Institute of His Holiness the Dalai Lama (Men-Tsee-Khang), based in Dharamsala, in 1993. In 1997, he earned the *Menpa Kachupa* Degree (BTMS) in Tibetan Medicine. Dr. Tsultrim has studied at and collaborated with the Institute of Pharmacognosy of the University of Vienna, and has conducted research on the characterization and identification of various medicinal plants. In 2005, he worked on a collaborative project between Men-Tsee-Khang and Aravan Institute of Environmental Studies, Kibbutz Ketura, Israel, relating endangered and red-list medicinal plant species.

He was awarded the *Menrampa* Degree (M.D) with distinction in 2009. He authored several books such as *Compilation Research on Integration of Materia Medica of Tibetan Medicine, Ayurveda, Unani, and Siddha & Chinese Medicine* (2008), *Cultivation and Conservation of Endangered Medicinal Plants* (2016), and *Tibetan Mild Therapy and Its Practices* (2017).

He has visited France, Germany, Austria, Poland, Switzerland, Czech Republic, Slovakia, Slovenia, Lithuania and Taiwan for international conferences, lectures, seminars and workshops and consultations. He also served lecturer at Tibet Center (I.I.H.T.S), Austria. In 2009, he initiated The Centre of External Treatment (Therapy Centre) of the Men-Tsee-Khang.

Dr. Tsultrim is involved in the translation of several books into English. He writes regularly on Tibetan medicine, more focus on medicinal plants and health issues; has guided many students and doctors in their study of Tibetan medicine. Dr. Tsultrim is currently the deputy head of the Men-Tsee-Khang's Materia Medica Department and Overall Quality Controller of the Men-Tsee-Khang Wellness Centres.
