

# 3RD INTERNATIONAL CONFERENCE ON TIBETAN MEDICINE

**Date:** 25<sup>th</sup> to 28<sup>th</sup> February, 2018,  
**Venue:** CUTS, Sarnath, Varanasi (UP) INDIA



## DAY ONE - Sunday, 25th Feb, 2018 Registration & Inaugural Session

10:00 am	REGISTRATION
<b>INAUGURAL SESSION</b>	
1:00 – 1:15 pm	Gathering in Hall
1:15 - 1:20 pm	Lighting of Lamp by the Chief Guest
1:20 - 1:30 pm	Magalacharan by Students of CUTS
1:30 - 1:40 pm	Welcome Address by Vice President, Organizing Committee
1:40 - 2:00 pm	Keynote Address by President, Organizing Committee
2:00 - 2:15 pm	Address by the Special Guest
2:15 - 2:30 pm	Address by the Special Guest
2:30 - 2:45 pm	Address by the Guest of Honour
2:45 - 2:55 pm	Address by the Guest of Honour
2:55 - 3:10 pm	Address by the Guest of Honour
3:10 - 3:30 pm	Address by the Chief Guest
3:30–3:35 pm	Vote of thanks by Organizing Secretary
3:35–3:45 pm	Photo Session
3:45 pm .....Refreshment	

## DAY TWO - Monday, 26<sup>th</sup> Feb, 2018

6.00-7.00 am <i>Lus-Jong</i>			
Session	Time	Topic	Hall
<b>Plenary Lecture PL-1</b>	<b>8:30-9:30 am</b>	The Three great Medical System according to the history of Sowa Rigpa	<b>Main Hall</b>

<b>Technical Session TS-1</b>	9:40-10:25 am	Sowa Rigpa: Legal Status in Nepal	Hall A
<b>TS-2</b>	“	Sowa Rigpa: Development through Research in Bhutan	Hall B
<b>TS-3</b>	“	Sowa Rigpa: Status in Russia and Contribution of Dr. Alexander Badmayev	Hall C
<b>10:25 - 10:40 am Tea Break</b>			
<b>Technical Session TS-4</b>	10:40-11:25 am	Sowa-Rigpa Literature in Tengyur	Hall A
<b>TS-5</b>	“	Acharya Vagbhatta and Astangha Hridayam	Hall B
<b>TS-6</b>	“	Sowa Rigpa Literature in Dunhang Manuscript	Hall C
<b>TS-7</b>	11:25 – 12:10 am	Current Research Challenges in Sowa-Rigpa	Hall A
<b>TS-8</b>		Sowa-Rigpa: Drug Research its Scope and Challenges	Hall B
<b>TS-9</b>		National Policies on Sowa Rigpa in and outside Tibet	Hall C
<b>12:15 – 2:00 pm Lunch Break</b>			
<b>TS-10</b>	<b>2:00 – 2:45 pm</b>	Sowa-Rigpa: Its development in Modern Pharmaceutics	Hall A
<b>TS-11</b>		Use of Mercury as Medicine and its legal challenges	Hall B
<b>TS-12</b>		Molecular insights into the anti-cancer properties of Traditional Tibetan Medicine <i>Yukyung Karne</i>	Hall C
<b>2:45 – 3:00 pm Tea Break</b>			
<b>Paper Presentation PP-1</b>	<b>3:00-3:45 pm</b>	Theme: Body & Disease	Hall A
<b>PP-2</b>		Theme: Pharmacology & Therapies	Hall B
<b>PP-3</b>		Theme: Pathology	Hall C
<b>Plenary Lecture PL-2</b>	<b>3:45 - 4:45 pm</b>	The evolutional development of Ayurveda: Education, Practice, Research, Future development and challenges	<b>Main Hall</b>

### DAY THREE - Tuesday, 27th Feb, 2018

<b>6.00-7.00 am Lus-Jong</b>			
<b>Plenary Lecture PL-3</b>	<b>8:30-9:30 am</b>	The evolutional development of Unani: Education, Practice, Research, Future development and challenges	<b>Main Hall</b>
<b>Technical Session TS-13</b>	9:40-10:25 am	Sowa Rigpa - <i>sMen-Drup</i> and its Significance	Hall A
<b>TS-14</b>		Sowa Rigpa - <i>Yuthog Nyingtik</i> and its significance to its practitioner	Hall B
<b>TS-15</b>		Practical application of <i>Nad-rTsi</i> according to Tibetan Astrology	Hall C
<b>10:25-10:40 am Tea Break</b>			
<b>TS-16</b>	10:40-11:25 am	Medicinal Plants: Future source of new drugs	Hall A

TS-17		Medicinal Uses and Pharmacological Activity of <i>Podophyllum hexandrum</i> in Gynaecological Disorder	Hall B
TS-18		Sowa-Rigpa: Conservation of Cold Deserts Medicinal Plants in Trans Himalayan Ladakh	Hall C
TS-19	11:25 – 12:10 am	Therapeutic Significance and Pharmacological activities of anticancer medicinal plants in Sowa-Rigpa: A review	Hall A
TS-20		Climate change and its effect to the Medicinal Plants	Hall B
TS-21		Rasayana Therapy as a preventive measure to Independent, Healthy Geriatric Life	Hall C
<b>12:15 – 2:00 pm Lunch Break</b>			
TS-22	2:00 – 3:00 pm	Sowa Rigpa: Herbal Products and GMP	Hall A
TS-23		Sowa-Rigpa: India's Drugs and Cosmetic Act.	Hall B
TS-24		Problems and Prospects for Good Manufacturing Practice for Herbal Medicine in Indian System of Medicine	Hall C
<b>3:00 – 3:15 PM Tea Break</b>			
<b>Paper Presentation</b> PP-4	3:15-3:45 pm	Theme: Body & Disease	Hall A
PP-5		Theme: Pharmacology & Therapies	Hall B
PP-6		Theme: Pathology	Hall C
<b>Plenary Lecture</b> <b>PL-4</b>	<b>3:45-4:45 pm</b>	The evolutional development of Traditional Chinese Medicine: Challenges, Training, Practice, Research and Future development	<b>Main Hall</b>

### Day FOUR, Wednesday, 28th Feb, 2018

**Theme: Sowa-Rigpa Clinical Medicine**

<b>Plenary Lecture</b> <b>PL-5</b>	<b>8:30-9:30 AM</b>	Sowa Rigpa: Its efficacy in managing Cancer	<b>Main Hall</b>
<b>Technical Session</b> TS-25	9:40-10:25 am	Sowa-Rigpa: Management of Uterus Cancer	Hall A
TS-26		Heart Disease in Women: Understand Symptoms and Risk Factor	Hall B
TS-27		Sowa Rigpa: Understanding Auto Immune Disease	Hall C
<b>10:25 - 10:40 am Tea Break</b>			
TS-28	10:40-11:25 am	Sowa Rigpa: Management of Psychological Disorder in Bon Tradition	Hall A
TS-29		Sowa-Rigpa: Paediatric Disease	Hall B
TS-30		Health Challenges in Tibetan Communities and Role of Tibetan Doctors	Hall C

<b>Paper Presentation</b> PP-7	11:25 – 12:10	Theme: Body & Disease	Hall A
PP-8		Theme: Pharmacology & Therapies	Hall B
PP-9		Theme: Pathology	Hall C
<b>12:15 – 2:00 pm Lunch Break</b>			
PP-10	2:00 – 3:00 pm	Theme: Body & Disease	Hall A
PP-11		Theme: Pharmacology & Therapies	Hall B
PP-12		Theme: Pathology	Hall C
<b>3:00 – 3:15 pm Tea Break</b>			
<b>Time</b>	<b>3:00-4:00 pm</b>	<b>Valedictory Session</b>	<b>Main Hall</b>
	3:00 pm	Arrival of the Chief Guest	
	3:05 - 3:35 pm	Brief Report of the Seminar	
	3:35 - 3:20 pm	Reflection Speech I	
	3:20 - 3:25 pm	Reflection Speech II	
	3:25 - 3:30 pm	Reflection Speech III	
	3:30 - 3:35 pm	Reflection Speech IV	
	3:35 - 3:45 pm	Address by Guest	
	3:45 - 3:55 pm	Address by Chief Guest	
	3:55 - 4:10 pm	Address by Chief Guest	
	4:10 - 4:25 pm	Vote of thanks by Secretary, ICTM	

**DAY FIVE - Thursday, 1st March, 2018**  
Workshop on Sowa-Rigpa

PR-1	9:00 – 10:00 am	Practice of <i>Ku-Nye</i> in Sowa-Rigpa	Hall A
PR-2	10:00 – 11:00 am	Sowa-Rigpa: Practice of <i>Me-rTsa</i>	Hall A
<b>11:00-11:15 am Tea break</b>			
PR-3	11:15 – 12:15 pm	Sowa-Rigpa: Practice of <i>Kyug</i>	Hall A
<b>12:30-2:00 pm Lunch break</b>			
PR-4	2:00-3:00 pm	Sowa Ripga; Practice of Pain Management through <i>Dhug</i>	Hall A
PR-5	3:00-4:00 pm	Sowa-Rigpa: Practice of Fever Management through <i>Tar</i> Therapy	Hall A
<b>4:00-4:15 pm Tea break</b>			
PR-6	4:15-5:15 pm	Sowa-Rigpa: Practice of <i>Yug Choe</i> Therapy	Hall A

**Conference:**

Plenary Lecture (PL) - 5  
 Technical Session (TS) - 30  
 Paper Presentation (PP) - 12  
 Practical Session (PS) - 6