



First of all, I would like to pay my sincere salutation and reverence to the Medicine Buddha and its embodiment Yuthok Yonten Gonpo and His Holiness the XIV Dalai Lama, a manifestation of Avalokiteshvera (Chenrezig) who is the temporal and spiritual leader of the Tibetan people. Taking this opportunity, on behalf of the 3rd Executive members of the Central Council of Tibetan Medicine, I would like to pay my heartfelt greetings and Tashi Delek to all Tibetan medicine practitioners and readers of this newsletter. In the 3rd Executive Members of CCTM, we are team of total nine members among which three members, including myself, were in the second term CCTM executive members and six are new members in this authority. As far as I am concerned, I am taking this position very seriously and consider it as an opportunity to serve and shoulder my responsibility to the best of my capability as my country, people and culture is undergoing through a critical situation. My dedication will remain unchanged till our aspiration is fulfilled. Therefore, I sincerely thank my all fellow friends who voted me for this position and entrusted me to shoulder this important responsibility during our critical time. I wholeheartedly pledge to put my best effort forward in executing my role as Council's Chairman. I am very happy to have a very good team in my executive members to whom I have a great trust and together we can put our best effort in the preservation and promotion of Tibetan medical system and to achieve the wishes of His Holiness the Dalai Lama. I believe that working with such a good team is also a blessing of the "Nine Guardian Deities of Tibetan Medicine (Dham Chan Dhe Gu). The 2nd Executive members of CCTM had an opportunity to confer His Holiness the XIV Dalai Lama a prestige Award of the Council Yuthok Award in March 2010. His Holiness had so kindly accepted this prestige award of CCTM which we acknowledged as his priceless contribution in the preservation and promotion of Tibetan Medicine in the exile community with the establishment of Tibetan Medical and Astrological Institute (Men Tsee Khang). Granting that prestige Yuthok award to His Holiness the

Dalai Lama is a great honor to CCTM and its members that nears to four hundreds. Accepting that Award by His Holiness the Dalai Lama which CCTM conferred with unwavering faith and sincerity was a great inspiration and encouragement to all of us. We once again would like to thank His Holiness the Dalai Lama and to express our heartfelt gratitude through this news letter. We humbly pray and wish that Tibetan Medical system and CCTM continuously receives blessings from His Holiness the Dalai Lama. It is a well known fact that the Tibetan Medical system is an ancient traditional medical system which retains scientific nature in its theory and practice and has tested the time over 4000 years without interruption in its medical lineage. Tibetan Medicine is gaining recognition in the 21st century from public, academic institution and from the government level and there is growing interest in the scientific community as well. His Holiness the Dalai Lama had said in number of occasions that the Tibetan Medical System and Tibetan Buddhism can contribute the world even while we live as refugees. In a nutshell, the successes of CCTM activities, its goals and objectives, depends largely on the support from Tibetan cabinet (KASHAG), department of health, CTA and cooperation from all the medical colleges and academic institutions and all those Tibetan medical practitioners registered under the Byelaw of the Central Council of Tibetan Medicine. Therefore, it is the responsibility of all the above authorities and members to work together for the common cause of promoting and preserving this rich medical knowledge. By doing this we are not only taking a responsibility, during our critical history of our country, but also fulfilling the wishes of our beloved leader His Holiness the Dalai Lama. And through this forum, I am requesting all those who have not paid their membership fees to kindly make the payment in time. Similarly, CCTM appeals to those Tibetan medical practitioners who have not registered under the council to register under this council at the earliest possible. CCTM will take this issue very seriously and in future we will make very clear between those who have registered under the council and those who take advantage of Tibetan Medicine and misuse Tibetan Medicine causing bad reputation to Tibetan Medicine. Last but not the least, CCTM pray for the Long Live of His Holiness the XIV Dalai Lama and the immediate resolution of Tibet issue. We also pray for the sooner reunification of Tibetans living in and outside of Tibet in front of the Potala Palace with His Holiness taking his seat in the historical palace. May Tibetan Medicine pervade to all directions to dispel the sufferings of all sentient beings! Bhod Gyal lo!

Dr. Dorjee Rabten Neshar

Chairman,

CCTM Dharamsala